

HALIFAX

metro®

NEWS
WORTH
SHARING.

Davis Cup in Halifax?

Sure has a nice ring to it. City woos major tennis competition

PAGE 5

Bluenose costs reach \$19M

And that figure's still rising, partly due to invoice disputes with contractors

PAGE 3

CHILE MAKES CHUMPS OUT OF WORLD CHAMPS

SPAIN ELIMINATED AS CHILE ADVANCES IN THE WORLD CUP

PAGE 33

Business booth sparks big ideas



Susan Downey and Mike Lim, owners of Grape Escapes, chat in front of their kiosk at the Halifax Stanfield International Airport on Wednesday. The Centre for Entrepreneurship Education and Development established the booth — which will host different businesses — specifically to showcase local entrepreneurs. JEFF HARPER/METRO

Set for takeoff.
New airport kiosk prompts flood of ways government could support local entrepreneurs



HALEY RYAN
haley.ryan@metronews.ca

A new kiosk at the Halifax airport has local entrepreneurs lining up to showcase their wares to international customers, and creating a conversation around what more can be done to help hometown talent.

Heather Spidell, the president of the Centre for Entrepreneurship Education and Development (CEED), helped launch the organization's new booth at the Halifax Stanfield International Airport Wednesday, which she also hopes to bring to rural areas.

"(It's) giving them exposure ... giving them an opportunity to learn, crunch their numbers, work on their business plan through live research," Spidell said.

While formalized spaces help showcase local business to conventional audiences, Spidell suggested cities could make use of empty buildings to start a "pop-up culture."

Instead of sinking money into long-term leases, Spidell said it should be easier to allow different entrepreneurs to rotate in and out of the same building.

"Communities would look like they're thriving, and ultimately some (businesses) will succeed ... and some won't, but at least it's giving them a chance," she said.

Jill Franklin, owner of Jill's Chocolates, started her Halifax business 10 years ago and said her "major battle" has been exclusivity clauses in local malls and stores who won't stock her product because they already have a chocolate store.

While Franklin said improving access to larger retail environments would help small entrepreneurs break into the market, she said removing the HST on local products could be a real game changer.

"That was a luxury that

I was able to say to my customers in the beginning, you don't have to pay HST," Franklin said.

"It's kind of a sign of success ... that I'm taking in more revenue, so now the government's making me charge HST."

Susan Downey of Grape Escapes Nova Scotia Wine Tours said she would appreciate the province easing strict utility and review board regulations.

"It doesn't allow you to (say), 'This would be a really great idea' and go with it. You have to apply for another licence to operate that particular tour."

But Downey said it's important to have grants like the Strategic Co-operative Education Incentive, which she said will fund a summer student position they wouldn't have been able to afford otherwise.

Online

For more on how the new CEED kiosk has helped local entrepreneurs go to metronews.ca



Pursue a rewarding career in law and justice.

Complete a 2 year program in just 60 weeks.

Our Law and Justice programs prepare you to work in Corrections, Security, Policing and Paralegal.



Corrections and Policing | Paralegal Plus

successcollege.ca 902.865.8283

Actor portrayals.



THE ALL NEW 2014 BUICK ENCORE

AT STEELE CHEVROLET



LEASE THE ENCORE
AUTOMATIC WITH AIR

\$173 WITH **\$0**

LEASE
FROM

BIWEEKLY*

DOWN PAYMENT

- Air Conditioning
- 6-Speed Automatic Transmission
- ECOTEC turbo 1.4L VVT DOHC 4-cylinder engine
- 71.1 litre Fuel capacity
- 18" wheels
- Cruise control
- Climate control
- Leather-wrapped steering wheel with audio controls
- No-Charge Bluetooth connectivity package
- Power adjustable mirrors



636 Portland Street
Dartmouth, Nova Scotia
Phone: 902.434.4100
Toll Free: 1.888.814.8882
www.steelechev.com

*TAXES NOT INCLUDED. OFFER INCLUDES FREIGHT, PDI & LEVIES BASED ON 48 MONTH LEASE, 20,000KM PER YEAR.



Court

Assault case against ex-McNeil staffer set over to July

The assault case against a man who used to serve as the communications director for the premier of Nova Scotia has been set over until July 22 for a plea.

Kyley Harris appeared in provincial court Wednesday in Halifax after he was charged for an alleged domestic incident on May 9.

Premier Stephen McNeil fired Harris last month, saying the termination was necessary because Harris waited four days to tell the government he was facing a charge. **THE CANADIAN PRESS**

Search

Police seeking missing woman

Halifax police are asking the public to help find a missing Lower Sackville woman.

A release states Monika (Mikki) Selig, 26, was last seen after leaving a friend's home on Best Street in Dartmouth Tuesday at 8:30 p.m.

She's described as white and five-foot-six-inches tall with a medium build, blue eyes and black hair.



Monika (Mikki) Selig CONTRIBUTED

She was last seen wearing a white tank top, black sweater and multi-coloured pants.

The release states that Selig is known to frequent the Spring Garden Road area.

Police don't believe Selig has met with foul play.

METRO



The restoration costs of the Bluenose II, seen here during the launch in Lunenburg two years ago, have reached \$19 million and are expected to keep rising. A Nova Scotia government official appeared before a legislative committee Wednesday to answer questions about the over-budget and over-scheduled project. **THE CANADIAN PRESS FILE**

Bluenose II cost up to \$19M and counting

Update. Legislative committee hears design changes and disputes over invoices are tripping up restoration

The cost of restoring the Bluenose II has risen to \$19 million and that figure is likely to keep climbing as a result of invoice disputes with contractors and numerous changes to a troublesome steel rudder, the Nova Scotia government said Wednesday.

Kelliann Dean, the deputy minister of communities, culture and heritage, appeared

Quoted

"The project is waffling along."

PC MLA Tim Houston

before the public accounts committee to provide an update on the stalled project.

Dean said there have been seven redesigns of the rudder and steering system, and debates over changes to the rudder date back to 2010, when the project team was told it needed a steel rudder rather than the lighter, wooden version used in the original vessel.

Poor communication between the government, the de-

signers and shipbuilders have also played a role in driving the costs up \$4.6 million from the project's original budget, she said.

Part of the latest price jump is an advance of \$1.3 million on \$5 million in disputed invoices with the builder. Dean said \$500,000 of the advance has some conditions attached.

After her appearance before the committee, Dean said a dispute resolution process will determine how much of the outstanding invoices will be paid out.

"We're waiting for a report from the builders that justifies and provides the accounting for that claim and we will have that expertly reviewed," Dean

said.

The delivery of the Bluenose II is more than two years behind schedule. Just last month, a long anticipated test drive in Lunenburg had to be cancelled at the last minute because approvals were not secured from the American Bureau of Shipping. Progressive Conservative MLA Tim Houston said while there are many parties involved in the problems, nobody is taking responsibility for them.

"Everyone's in charge ... but nobody's leading," Houston said. "In the meantime, time is going past, money is being spent and bills are piling up, and there's no indication of the project being finished."

THE CANADIAN PRESS

1 NEWS



Prepare for thousands of jobs in Accounting Administration.

Train on computerized accounting software for bookkeeping and payroll administration.



463-6700 | maritimebusinesscollege.com

A new career. A better life.

City moving forward with active transportation plan

'Next big, important step'. Advisory committee to debate updated five-year plan on improving support for walkers and cyclists

KRISTEN LIPSCOMBE
halifax@metronews.ca

Ramps on the Angus L. Macdonald Bridge and several kilometres of protected bikeways are some of the recommendations in a new, comprehensive five-year plan to be discussed Thursday by HRM's active transportation advisory committee.

"It looks at walking, cycling and multi-use facilities," committee member Janet Barlow said Wednesday. "And not just the infrastructure itself. It's also looking at safety, promotion and awareness."

The 91-page report, called

Quoted

"Walking will continue to be a critical objective."

Coun. Jennifer Watts

Making Connections: 2014-19 Halifax Active Transportation Priorities Plan, is an update to a document penned eight years ago in an attempt to get more Haligonians out of their cars and on their feet.

"It also, which I really like, has a monitoring and evaluation component," said Barlow, who is the Ecology Action Centre's active transportation coordinator.

She reviewed the report along with fellow committee members, which include representatives from the Halifax Cycling Coalition, Halifax Regional Trails Association and Nova Scotia Department of Transportation and Infrastructure Renewal.

"When we reassess the plan, we'll be able to see, have

we accomplished what we set out to do?" Barlow said.

Barlow said she's a little disappointed in a dearth of new bike lanes for the peninsula, but happy with a recommendation for about 14 kilometres of "local street bikeways," which would provide physical barriers to help new cyclists feel safer on the streets.

"We want them to get out there," she said.

Coun. Jennifer Watts, who represents Halifax Peninsula North, said this plan is about the "next big, important step" of providing an active transportation network.

Watts is often seen pedalling around town.

"It's healthy for the environment ... (and) it's healthy for me," she said. "It also reduces costs — I don't have to be paying for gas; I don't have to be worrying about parking."

The budget required for new infrastructure in the Making Connections plans is \$42.5 million over the next five years.



A cyclist makes his way over Angus L. Macdonald Bridge in this file photo. Bike ramps on the bridge are among several recommendations arising from a new active transportation plan coming to a city committee Thursday. METRO FILE

Springhill. Citizens granted intervenor status at dissolution hearing

The concerned citizens group opposed to the dissolution of the Town of Springhill achieved a milestone victory Wednesday.

The group of mostly volunteers, led by former MLA Murray Scott, was granted intervenor status at the upcoming Nova Scotia Utility and Review Board (UARB) hearing into the town's application.

"The fact that we been granted full standing ... says the information we've been looking for, we'll be able to get it even if it requires the assistance of the board to get it," Scott said.

Former MP Bill Casey, the Springhill Police Association and the Canadian Union of Public Employees (CUPE) have all requested intervenor status but were opposed by Springhill's legal counsel.

The UARB will rule on their applications at a later date.

As interveners, the concerned citizens will be able to present evidence and question witnesses at the yet-to-be de-

Signatures

900

The group gathered almost 900 signatures in support of its application from local residents, many of whom felt the decision to dissolve the town was done hastily and without public consultation.

terminated official meeting.

The group gathered almost 900 signatures in support of its application from local residents, many of whom felt the decision to dissolve the town was done hastily and without public consultation.

The police department has approximately 17 full-time and part-time employees, and Scott said their interests should be represented at the hearing.

"I'm really disappointed the town and municipality would speak out against those people having official standing as well," he said. "We support them all we can."

AMHERST NEWS

Cape Breton. Mayor urges CBC to keep local staff

The mayor of the Cape Breton Regional Municipality is urging the president of CBC not to cut jobs from the station in Cape Breton and to fund an expansion of the station's broadcasting signal.

Cecil Clarke says in a letter to Hubert LaCroix that he's been informed the station will lose two of its 14 staff as a result of budget cuts.

He says the station should retain its staff complement.

Clarke also says CBC should strengthen the signal of CBC Cape Breton so that its programs can be heard on the western side of the island.

The general manager of CBC News has said the corporation regrets cuts to smaller communities, but said they're necessary for the broadcaster to continue investing in investigative journalism. **THE CANADIAN PRESS**

Raymond Richard Corkum

Halifax man gets federal time for drug and weapons charges

An Ostrea Lake man has been sentenced to federal custody on drug and weapons charges.

Raymond Richard Corkum, 32, pleaded not guilty to the charges in Kentville provincial court in July 2013, but changed

his plea to guilty on June 5.

This week, Judge Claudine MacDonald sentenced Corkum to two years of federal custody for possessing cocaine for the purpose of trafficking.

He was also sentenced to 30 days in custody, to be served concurrently, for possessing a dangerous weapon: a baton.

Corkum committed the offences in North Kentville Jan. 4, 2013.

KINGS COUNTY NEWS



Cause of Cole Harbour blaze still unknown

Fire investigators have wrapped up their work at a home gutted by fire on Taranaki Drive in Cole Harbour Tuesday evening. Halifax Fire Services Divisional Commander Scott Shaffner said the fire started on the rear exterior of the home and spread to the roof. There were people in the home at the time, but no one was injured. Investigators were on scene Wednesday, but there's no word yet on a cause. **JEFF HARPER/METRO**



Man makes off with cash in holdup

Halifax Regional Police officers collect fingerprints at the Greco Pizza location at 70 Lacewood Dr. on Wednesday. Shortly after noon a man entered the store, said he had a gun — though one was not actually seen — and made off with an undisclosed amount of cash. JEFF HARPER/METRO

Halifax hunting the Davis Cup

Grant. City serves up \$65,000 to host international men's tennis tournament

DESIREE
FINHERT

halifax@metronews.ca

Halifax has more than love for the Davis Cup.

The municipality's audit and finance standing committee has approved an event grant of \$65,000 to help bring the international men's tennis competition to HRM.

The funding is conditional on Halifax being chosen as a host city by Tennis Canada and the province matching the amount.

"I think it's safe to say Ten-

nis Canada wants this to come to Halifax," said Coun. Barry Dalrymple. "I think they see us as a prime location."

A staff report recommended a grant of \$50,000, but committee members felt the exposure that would result from the event justified the increase.

As the world's largest annual international team competition in sport, the Davis Cup offers a lot of national and international television exposure.

It's estimated the 2014 event will be attended by 10,000 people. An economic impact analysis suggests a nearly \$800,000 net increase in economic activity in the province as a result of the initial expenditures of the event.

Mayor Mike Savage said Canadian stars will have a lot

Talking tennis

"Tennis is on the upswing in Halifax."

Coun. Steve Adams

of people talking tennis in the run-up to the September event.

"Over the next couple of months, you're going to be hearing a lot about Canadian tennis players," said Savage, pointing to Eugenie Bouchard and Milos Raonic advancing in the French Open this month. "There is a lot of momentum here around tennis."

Councillors also suggested hosting the event could lead to an increase in local kids taking an interest in the sport.

"I think this is a great investment for what we will get in return," said Dalrymple.

Parking officials could cut drivers some slack during events: Coun.

With a calendar of summer events ahead, some municipal politicians are questioning how parking laws are enforced during community events.

The issue of parking infractions came up during the audit and finance standing committee's meeting on Wednesday.

"It wouldn't bother me to see fewer parking tickets issued when I come out of Greek Fest and other places," said Mayor Mike Savage. "I wonder what exactly is the mandate we give our parking enforcement."

Nearly 180,000 parking tickets were issued in the 2013-14 fiscal year, generating \$4.3 million in revenue. That's an increase from \$3.9 million the year before, when just over 181,000 tickets were handed out.



Coun. Gloria McCluskey METRO FILE

The director of community and recreation services said that increase is not due to a change in mandate.

"There is no quota," Brad Anguish told the committee. "The goal is to keep parking

turnover high, the signs adhered to, so that the parking availability is there for every citizen."

Parking Enforcement doles out tickets based on signage and zoning. The company Securitas held the contract before the city signed Independent Security Service Atlantic in April.

Coun. Gloria McCluskey said HRM could show a little more leniency without compromising safety.

She said parking enforcement officers could cut some slack for drivers whose cars are parked for funerals and graduation ceremonies.

"When there is a big event going on, if you're not blocking a fire hydrant or a driveway, what's the big deal," she said.

DESIREE FINHERT/METRO

Fall River

RCMP seek flashing suspect

Halifax RCMP are looking for a man who flashed a woman in Fall River.

A release from the Mounties states the woman was walking on Fall River Road around 8:05 p.m. Tuesday.

Near the community hall, a man in his 20s ran past her, then stopped, turned around and exposed himself.

He's described as white, about five-feet-six-inches with a brownish goatee and short hair. He was wearing baggy jeans, sneakers, a red T-shirt and a ball cap. METRO

Dartmouth

Pizza delivery man, 72, thwarts would-be robbers

Halifax police are looking for two men who tried to mug a pizza delivery man in Dartmouth.

The 72-year-old man was delivering a pizza on Boundary Street around 11:20 p.m. on Tuesday when two men demanded his wallet.

According to a release, the man ran to a nearby house and called police. The two suspects ran away.

At the time of the incident, they were wearing hoodies and had their faces covered. METRO

Herring Cove Road

Man charged after pharmacy robbery

Halifax police say a man has been charged after a robbery at a Herring Cove Road pharmacy.

According to a release, a 45-year-old woman left the Guardian Pharmacy around 11 a.m. Wednesday after getting prescription drugs.

She was approached by a man who sprayed her with a sensory irritant before grabbing the drugs and running away.

Officers arrested the suspect nearby. A 47-year-old man is facing a charge of robbery. METRO



WENTWORTH

TOWNHOUSES
TOWNHOUSE CONDOMINIUM
SINGLE FAMILY HOMES

Wentworth is a collection of Halifax's select land parcels sought by discerning homebuyers. Like precious jewels, these properties are few, and they are simply superb. Nestled in deep lots against a natural greenbelt, and wrapped by stunning streetscapes, this harmonious collection of truly unique arts and crafts inspired homes, is simple in elegance and integrated with nature.



PROPERTIESATWENTWORTH.COM 902.496.0916

There's no fighting the draw of Magnetic North

First visit to Halifax.

Travelling festival brings theatre, workshops, roller-skating party



HALEY RYAN
haley.ryan@metronews.ca

The Magnetic North Theatre Festival is coming to Halifax for the first time ever, bringing "some of the best theatre in Canada" to town.

Canada's only national theatre festival, based in Ottawa, travels to a different city every two years. Artistic director Brenda Leadlay said her team has had a great experience working with partner Eastern Front Theatre for the June 19 to 29 event.

"(It's for) people wanting to ... see theatre that can somehow affect them on a deeper level and hopefully change lives in the big picture," Leadlay said Wednesday.

There will be 13 shows across Halifax and Dartmouth — the most ever, thanks to Eastern Front shows like the Mermaid Theatre's new Stella, Queen of the Snow and Pop-Up Love Party.

For first-time theatre fans, Leadlay recommended the Broken Sex Doll — if they are "up for naughtiness."



A couple spins around the dance floor during last year's Dance Marathon, a Magnetic North festival event based on Depression-era dance contests in which the last duo moving on the floor wins. Dance Marathon will be at the Olympic Community Hall in Halifax from June 25-28, 7-9 p.m. CONTRIBUTED

"It's very, very funny," Leadlay said about the play, which is focused on what it will be like when humans use robots for sex.

Leadlay said Iceland is another highlight, centred on the economic meltdown of 2008. A good story, mystery and "fine acting" made it one of Leadlay's favourites.

For those who don't like sitting in a dark theatre, Leadlay said to check out The National Elevator Project or The Tale of a Town Nova Scotia, for which a team travelled around the province collecting stories to present with music.

In the Dance Marathon, anyone can register and com-

pete in an old-school contest in which the last person moving on the floor wins, Leadlay said.

Stephen O'Connell of Blue-mouth Inc., the company presenting Dance Marathon, said local dancers in the audience will break out into choreographed acts throughout the night, and prizes are given

away for best-dressed couple.

"You're not being put on stage.... It's more just the event and things reveal themselves around you," O'Connell said.

"Suddenly the YMCA song comes on and you have 200 people euphorically doing the Village People dance, then people don't want to sit

Show listing

- **Broken Sex Doll:** June 20-24
- **Two in the Coop:** June 20, 22
- **When it Rains:** June 22-24
- **Who Killed Spalding Gray?** June 24-25, 27-28
- **Huff:** June 23, 25-28
- **LEAR:** June 21-24
- **wag:** June 19-22
- **Stella, Queen of the Snow:** June 21-22
- **Pop-Up Love Party:** June 23-25
- **Iceland:** June 24-25
- **The Tale of a Town Nova Scotia:** June 24-28
- **The National Elevator Project:** June 22-25
- **Dance Marathon:** June 25-28

Free encounters

- **Oval roller skating party:** June 21
- **Rich Aucoin keynote speech:** June 22
- **Companies pitch shows to international agents:** June 24
- **Poker night:** June 26

down."

For a complete lineup of events, go to magneticnorth-festival.ca

Bayers Road Blood Collection Pilot: Extended Hours as of June 23

As part of a pilot project, Bayers Road Blood Collection is extending its hours to better meet the needs of the community.

Effective June 23, we are open at the following times:

Monday through Friday 7 a.m. to 7:30 p.m.

Saturday 8 a.m. to 3:30 p.m.

Please visit www.cdha.nshealth.ca/bloodcollection for details about hours and locations at all Capital Health blood collection sites.



Fat fryer blamed for fire at Coldbrook McDonald's

Kentville's fire chief says a fat fryer was to blame for a blaze at the Coldbrook McDonald's over the lunch hour Wednesday.

Ryan MacEachern said his department was called to the scene at 11:13 a.m.

Flames got into the fire-suppression system in the kitchen, but firefighters were able to knock it down.

No further extension of the fire was found, and crews were able to clear the scene around 2 p.m.

MacEachern said there was some damage to the fryer area that would likely keep the restaurant closed temporarily.

There is also a Needs Con-



Kentville firefighters called to a fire at McDonald's in Coldbrook use an aerial ladder to access the roof. KIRK STARRATT/KINGS COUNTY NEWS

venience and Shell gas station in the building at the corner of Highway 1 and Newcombe Boulevard.

"The other store will be able to operate with a little clean-up," MacEachern said.

KINGS COUNTY NEWS



Will Mercier examines the flooding at his home in Claresholm, Alta., on Wednesday. People moved out of about 40 homes in Claresholm after rain continued to fall and sewers backed up. JEFF MCINTOSH/THE CANADIAN PRESS

Less flooding, more optimism in Alberta

Still treading water.
Most affected residents get to stay home after voluntary evacuation issued in one town

Improved rain and river forecasts Wednesday were lifting soggy spirits in southern Alberta where heavy rainfall and swollen rivers had residents worried about evacuations and damage to their homes.

"The rain is lightening, the infrastructure is catching up to the excessive flows," said Rob Steel, mayor of Claresholm, where a voluntary evacuation centre had already been set up.

"If it stays like this, it'll just get better and better as each hour goes by."

Lethbridge Mayor Chris Spearman said concerns were eased when lighter rainfall lowered peak forecasts for the Oldman River, which runs through his city.

"Things are looking much better," he said. "To our relief, the rainfall upstream wasn't as severe as predicted overnight so the provincial river flow forecast has improved significantly."

The same forecast was welcome news in Medicine Hat, where Alberta Environment was predicting peak flows on the South Saskatchewan River at 2,400 cubic metres per second — less than half the original figure.

But things could change. "We're still very concerned because there's a heavy rainfall warning in effect and (by) what

Water damage

40

Claresholm, a town of 3,800 about 130 kilometres south of Calgary, has about 40 damaged homes — some surrounded by water and some swamped, Steel said.

we see on the weather radar," Steel said, "this is still a very dynamic situation."

Even with the threat subsiding, the mess left behind is significant.

Claresholm, a town of 3,800 about 130 kilometres south of Calgary, has about 40 damaged homes — some surrounded by water and some swamped, Steel said.

About 250 homes in Lethbridge were affected.

THE ASSOCIATED PRESS

Moncton man guilty of cop threat prohibited from contacting Justin Bourque

A man pleaded guilty Wednesday to uttering a threat to cause death to peace officers and was released from jail on conditions, including one that prohibits him from having any contact with a man charged with first-degree murder in the shooting deaths of three RCMP officers in Moncton.

Jasper John Stam, 24, was charged June 9 for an incident that occurred between May 10 and 18. Stam will be sentenced in Moncton provincial court on Sept. 9.

The RCMP have said the charge against Stam is not linked to their investigation into the fatal shootings of constables Fabrice Georges Gervaudan, Douglas James Larche and Dave Joseph Ross on June 4.

Justin Bourque, 24, is charged with three counts of first-degree murder. He is also charged with two counts of attempted murder after two other officers were hurt in the

shootings.

Stam, wearing a plaid jacket with his brown hair pulled back into a small ponytail, put on a pair of glasses in court and paid close attention.

No details of the threat were discussed in court.

Defence lawyer Jean Cormier said after lengthy discussions with the Crown his client decided to plead guilty.

Outside court, Cormier said the charge was slightly amended to make it clear that Stam didn't actually speak to a peace officer when he made the death threat. But he declined to provide further details.

"It is something that will be elaborated upon during the sentencing," he said.

As for the no-contact order involving Bourque, Cormier declined to explain why it was needed or what connection the two men might share.

A Jasper Stam is "friends" with Bourque on Facebook

Release conditions

Under the conditions of his release, Stam is prohibited from having direct or indirect access to the Internet and he must not acquire or possess any firearms or prohibited weapons.

- Stam has been placed under house arrest at his home in Moncton. After giving the RCMP 48 hours notice, Stam can leave his home for work, medical appointments, meetings with his lawyer and to attend religious services.

and in a post dated June 7, described him as "one of the most respectable of my friends."

He also wrote: "he did not do anyone who deserved respect any wrong, not ever."

THE CANADIAN PRESS

NEED MONEY?
\$300 - \$1500
• No credit checks
• No upfront fees
CALL NOW!
1-866-499-5629
WWW.MYNEXTPAY.CA

LOOKING TO MAKE A CAREER CHANGE?
Read metrowork every Monday & Wednesday.

TOP SIX @ 6
Weeknights at 6 KB counts down the HOTTEST songs of the day

- 6 DJ Snake ft Lil John Turn Down For What
- 5 Ed Sheeran Sing
- 4 Iggy Azalea ft Charlie XCX Fancy
- 3 5 Seconds of Summer She Looks So Perfect
- 2 Sam Smith Stay With Me
- 1 Ariana Grande ft Iggy Azalea Problem

101.3 THE BOUNCE

1013TheBOUNCE.com | Info@1013thebounce.com

The Community Foundation of Nova Scotia
INSPIRED CONVERSATIONS series

Sponsor Appreciation
INVESTING CLOSE TO HOME
Philanthropy, Entrepreneurship & the Courage to Lead
with Zita Cobb, Moderated by Gerry Pond
Thank you to our sponsors for catalyzing a conversation about how to build a better Nova Scotia. Together, we are stronger.

Presenting Sponsors
RBC | RBC Wealth Management | CIBC | CIBC Wood Gundy | TD
Scotiabank® | BMO | Financial Group

Sustaining Sponsor
KPMG
cutting through complexity™

With Special Thanks to:
John Lindsay & Anne Campbell
Ralph & Shirlee Medjuck
Dennice & Stephen Leahy

JARISLOWSKY FRASER LIMITED
metro
New world sharing.

Tel (902)490-5907 | Email: ak@cfns.ca | Web: www.cfns.ca

Amazon's phone sparks excitement



Amazon CEO Jeff Bezos introduces the new Fire phone on Wednesday in Seattle. THE ASSOCIATED PRESS

The everything store.
CEO Jeff Bezos unveils the Fire phone in Seattle

Amazon has introduced a new smartphone with audio and object recognition technology that seeks to make it easier for consumers to locate and purchase products and services from America's largest e-commerce company.

Specs and features:

- The phone is smaller than leading Android phones, but larger than Apple's iPhone. CEO Jeff Bezos calls the screen, measuring 4.7 inches diagonally, ideal for one-handed use.

- The new Fire phone also adds such features as the ability to render images in 3D.

- Firefly is the centrepiece of

the new phone. Snap a photo of a book, and it'll help you buy it, either as an ebook or a physical copy. Listen to a song playing in the background, and it'll direct you to that tune on Amazon. It can even direct you to facts and data, by showing a Wikipedia entry with information about a painting you snapped. The feature will also let you snap bar codes, phone numbers and more. **THE ASSOCIATED PRESS**

A 'miracle' no one hurt,



Investigators assess the damage to homes and property on Wednesday, a day after

'Moving forward.'
Mayor of Essa Township says around 100 homes in Angus, Ont., were damaged after twister touched down Tuesday

The mayor of a central Ontario community says it's a miracle no one was hurt when a tornado ripped through the area Tuesday. Essa Township Mayor Terry Dowdall said about 100 homes were damaged in Angus, which is located in the township.

Dowdall, who joined emergency officials Wednesday morning to give an update on the situation, said he has never seen such destruction in the community.

"Weather seems to be changing, I think, in the province of Ontario," he said. "But I've never seen, and basically no one's seen, devastation quite like this."

The tornado blew out win-

dows, tore up fences and sheared off the tops of some homes when it hit at about 5:30 p.m. but caused no serious injuries.

"I think it was the right time of day," said Essa Fire Chief Cynthia Tustin, calling it an "amazing piece of timing."

"People weren't asleep ... people were up and people were able to be aware of what's going on," she said. "It was really a miracle that nobody was hurt at that time of day," added Dowdall.

Provincial police Const. Kelly Daniels said the priority now is to ensure homes are safe enough for people to go back inside and retrieve needed personal items like medication.

She says residents who have been displaced from their homes will be escorted by police and fire officials when they go inside and it will be done home by home.

"Now that we know everyone is safe, our job is to protect their property," said Daniels.

Emergency officials also planned holding a meeting with residents Wednesday afternoon

Redskins

The U.S. Patent Office ruled Wednesday that the Washington Redskins nickname is "disparaging of Native Americans" and that the team's federal trademarks for the name must be cancelled.

The 2-1 ruling comes after a campaign to change the name gained momentum over the past year. The team doesn't immediately lose trademark protection and is allowed to retain it during a likely appeal.



A Washington Redskins helmet lies on the field Wednesday in Ashburn, Va.

NICK WASS/THE ASSOCIATED PRESS

Ford BIG BLUE EVENT
3 DAYS ONLY
JUNE 19, 20 & 21

GET AN EXTRA \$500 ATLANTIC CUSTOMER CASH*

ON ALL NEW 2014 FIESTA, FOCUS, AND FUSION MODELS

PLUS
AS LOW AS 0% APR
PURCHASE FINANCING†
ON SELECT NEW MODELS
OR
UP TO \$2,500
IN MANUFACTURER REBATES
(FIESTA S/FOCUS S MANUAL AMOUNT SHOWN)

COSTCO WHOLESALE

ELIGIBLE COSTCO MEMBERS RECEIVE AN ADDITIONAL

\$1,000

ON MOST NEW FOCUS AND FIESTA MODELS

#1 SELLING AUTOMOTIVE COMPANY IN CANADA 2010-2013



2014 FIESTA

2014 FOCUS

2014 FUSION



Go Further
atlanticford.ca

ONLY AT YOUR ATLANTIC FORD STORE.

Vehicles (c) may be shown with optional equipment. Dealer may sell or lease for less. Limited time offer. Retail offers may be cancelled or changed at any time without notice. See your Ford Dealer for complete details or call the Ford Customer Relationship Centre at 1-800-565-3673. For factory orders, a customer may either take advantage of eligible Ford retail customer promotional incentives/offers available at the time of vehicle factory order or time of vehicle delivery but not both or combinations thereof. Retail offers not combinable with any CPA/GPC or Daily Rental Incentives, the Commercial Uplift Program or the Commercial Fleet Incentive Program (CFIP). *Offer valid between June 19, 2014 and June 21, 2014 (the "Offer Period") to Canadian residents towards the purchase or lease of a new 2014 Ford Fiesta, Focus, or Fusion (each an "Eligible Vehicle"). Only one (1) bonus offer may be applied towards the purchase or lease of one (1) Eligible Vehicle. Taxes payable before offer amount is deducted. †Until June 30, 2014, receive 0% APR purchase financing on new 2014 Ford Fiesta, Focus, and Fusion models for up to 60 months, and Focus, Fiesta, C-Max and Taurus models for up to 72 months to qualified retail customers, on approved credit (OAC) from Ford Credit. Not all buyers will qualify for the lowest interest rate. Example: \$25,000 purchase financed at 0% APR for 60/72 months, monthly payment is \$416.66/\$377.22, cost of borrowing is \$0 or APR of 0% and total to be repaid is \$25,000. Down payment on purchase financing offers may be required based on approved credit. ‡Until June 30, 2014, receive \$500/\$1,000/\$2,500 in Manufacturer Rebates with the purchase or lease of a new 2014 Ford Fiesta (excluding S), Focus (excluding S), Fusion S/2014 Fusion (excluding S), Fiesta S Manual, Fiesta S Manual, C-Max and \$1,000 towards all other Ford models (excluding Raptor, GT500, Mustang Boss 302, and Medium Truck) (each an "Eligible Vehicle"). Limit one (1) offer per Eligible Vehicle purchase or lease, up to a maximum of two (2) separate Eligible Vehicle sales per Costco Membership Number. Offer is transferable to persons domiciled with an eligible Costco member. Applicable taxes calculated before offer is deducted. Dealer may sell or lease for less. Limited time offer. Retail offers only valid while the offer is available. Offer is not combinable with any CPA/GPC or Daily Rental Incentives, the Commercial Uplift Program or the Commercial Fleet Incentive Program (CFIP). †Registered trademark of Price Costco International, Inc. used under license. ©2014 Ford Motor Company of Canada, Limited. All rights reserved.

tornado left officials say



a tornado touched down in Angus, Ont. NATHAN DENETTE/THE CANADIAN PRESS



Backyards in Angus, Ont., are shown on Tuesday. Scan the photo with your Metro News app for a gallery of damage caused by Tuesday's twister. GREG FACCHINI/THE CANADIAN PRESS

at the Angus recreation centre to discuss what happens next.

"We're moving forward, we have a new day and a new plan," said Dowdall, adding building officials would immediately begin assessing properties.

He said efforts would be made to get people back into their homes as quickly as possible but the top priority would be to ensure the buildings are safe first.

THE CANADIAN PRESS

trademark revoked

Redskins owner Dan Snyder has refused to change the team's name, citing tradition, but there has been growing pressure, including statements in recent months from U.S. President Barack Obama, lawmakers and civil rights groups.

The decision means that the team can continue to use the Redskins name, but it would lose a significant por-

tion of its ability to protect the financial interests connected to its use. If others printed the name on sweatshirts, apparel or other team material, it becomes more difficult to go after groups who use it without permission.

The case involves six registered trademarks that involve the use of the word Redskins, but it does not apply to the team's logo. THE ASSOCIATED PRESS

Market Minute



DOLLAR
92.17¢ (+0.12¢)



TSX
15,109.25 (+53.36)



OIL
\$105.97 US (-\$0.39)



GOLD
\$1,272.70 US (+\$0.70)

Natural gas: \$4.65 US (-\$0.05)
Dow Jones: 16,906.62 (+98.13)

New report

Job stability not an outdated notion

A job for life? It sounds like an outdated idea, but a new report suggests job stability is as prevalent today as it ever was.

CIBC economists looking at the job stability phenomenon say their analysis shows it at an all-time high, or at least at a record high since Statistics Canada started gathering

the data in the 1970s.

The report from economists Benjamin Tal and Nick Exarhos finds the percentage of Canadians who have stayed with the same employer for five years and longer is now at a record level.

Extrapolating from the Statistics Canada data, the economists say there is a 60 per cent chance that Canadians will stay with an employer after completing their first year.

THE CANADIAN PRESS



RBC Royal Bank



That's right! Just ask and save like an RBC Employee¹.

For a limited time², get the same great mortgage rate as our employees, complete with our flexible prepayment options and expert advice³.

Speak with an RBC Royal Bank® mortgage specialist today.
1-866-864-0420 rbc.com/employeeemortgage

1. Offer not available for construction draw mortgages or for any amendment to an existing mortgage with Royal Bank of Canada, including a portability transaction or an advance of additional funds or a renewal. This offer may be withdrawn at any time without notice. Offer limited to 4 and 5 year fixed term closed residential mortgages and to eligible applicants only. Subject to Royal Bank of Canada lending criteria for residential properties. Offer cannot be combined or used in conjunction with any other special offers. Other terms and conditions may apply. 2. Eligible mortgage applications must be started on or after April 28, 2014, and last day to apply is July 4, 2014. Rate commitment is a maximum of 120 days from the start of the application at which point the interest rate guarantee expires. 3. Employee Rates are discounted rates and are not the posted rates of Royal Bank of Canada. Employee Rates may be changed, withdrawn or extended at any time, without notice. ©/™ Trademark(s) of Royal Bank of Canada. RBC and Royal Bank are trademarks of Royal Bank of Canada.

DON'T HATE SOCCER BECAUSE IT'S BEAUTIFUL

Why do some people hate soccer so much?

As the World Cup unfolds with the impressive array of Google doodles it's known for, people from all over the world are crowding around TVs in colourful clots to cheer on The Beautiful Game. But as Pantene taught us in the '80s, sometimes people hate you because you're beautiful, despite your protestations.

Soccer is wildly popular in my city (Toronto), but my Facebook feed, Internet comment boards and the occasional overheard conversation show me that people who don't like soccer feel deeply about it in a way usually reserved for heated emotional topics: abortion, euthanasia, Nickelback.

Soccer fandom isn't mandatory, but the need of many Canadians to loudly let you know how much they hate the game strikes me as over the top — the equivalent of a player who grabs his shin and plummets to the ground, face contorted, as if he stumbled upon a particularly strong pocket of gravity. Check any Internet forum. You'll see people write under soccer stories about how much they hate soccer, often in



HE SAYS

John Mazerolle

metronews.ca

dismissive, angry terms.

Reading Internet comments is like wilfully exposing yourself to radiation, but here's a real quote I dug up in about 18 seconds of research (lost some hair, but I'll be OK): "Ahhh Soccer the sport of choice for the 3rd world and poor unwashed masses."

Good point, anonymous dude, but I for one think it's nice the Dutch, Australians and Japanese have a game to distract them from the squalor of their failed nations.

Soccer is Canada's most widely played sport, so if you consider "foreign" a detriment then you'd best avoid lasagna, too. Of course, many online soccer detractors are the same people who write under every news story about how multi-

culturalism is a failure because 100 per cent of the people in their parents' basement are white males. Consider the source.

But it's not just the xenophobic online crazies who give soccer a rough ride. I've seen two World Cup games in public so far, and both times one guy, apparently dragged there by friends, felt com-

pelled to let others know mid-game that hockey is better, as if one couldn't be a fan of both sports simultaneously. Despite the low scores, soccer doesn't need to be a zero-sum game.

The complaint from hockey fans is almost always the same: Hockey players are tougher than soccer players because soccer players dive a lot and then there's a hilarious joke about a diving team. And, fine, there is too much diving. But it's just one form of the cheating that exists in all sports. It doesn't excuse it, but it's universal.

I've heard people ask why it's allowed to continue with the frequency it does ("Aren't they embarrassed?"), but many baseball fans absolve successful players of their steroid use faster than it takes Big Papi to run the bases.

Not in honour-bound hockey? Well, there's the whole cheating thing where players bruise each other's brains and occasionally crack a vertebrae or two by smashing into their heads from behind at 40 km/h. At least in soccer's cheating, nobody gets hurt, quite literally.

So, whether you're a soccer fan or not, let's live and let live. It's a game the whole world loves, and that's a beautiful thing. Let us now unite in our hatred of Nickelback. Olé, Olé, Olé!

ZOOM

iMages of the year



Felicia Pandola, from Providence, R.I., took the nature category by storm, so to speak, with this foreboding beach pic. ALL IMAGES COURTESY IPHONE PHOTOGRAPHY AWARDS

Photogs win bars of gold for iPhone pics

As all your brilliant selfies have no doubt already shown you, you don't need a fancy camera to take great shots. The iPhone Photography Awards, running annually since 2007, showcase the best images taken with, and edited on, an iPhone, iPod or iPad. This year's winning entries were submitted by 54 photographers from 17 countries. And they weren't just competing for the glory: Each first-place winner, aided by their trusty Apple device, received a gold bar from a private mint. Can your DSLR do that? **METRO**



Michael O'Neal said he pulled out both his DSLR and iPhone when he encountered this guy at Colter Bay Beach in Wyoming, but the iPhone shots trumped the "real" camera ones. He won for the animal category.

METRO AUGMENTED REALITY

SEE THE NEWS COME ALIVE...



In this issue, you can find AR enhancements on pages 8-9 in News, page 30 in Life and page 33 in Sports

To see pages from Metro spring to life, simply download or update the Metro News app available from your device's app store and follow these three easy steps:

1. Open the Metro News app on your smartphone or tablet device. Click the AR icon in the top right corner.
2. Hold your device over any image that has the AR logo near it. Make sure you wait for the green scanning bar to read the image!
3. Voilà! You should see the AR in action — like a video, slide show or mobile content experience. You can even move your phone away from the page and interact with the content directly on your device.

MetroTube

Here a duck, there a duck, everywhere a duck duck ...



ANDREW FIFIELD
andrew.fifield@metronews.ca

It's nice to think that, when the calendar flipped to 2014, we all silently vowed to put the "Would you rather fight one horse-sized duck or 100 duck-sized horses" question to rest forever.

Sure, it's amusing and can provide rich territory for mining clever answers. But it really only carried as many uses as a razor blade. Plus, we have new video evidence of what a duck-sized-horse stampede would look like. Suddenly, the choice is easy. (OK Go/YouTube)



GETTY IMAGES

summer fun

metro

SUMMER FUN

Thursday, June 19, 2014

o **INSIDE:** Find 15 pages of stories, events and activities that will keep you busy over the next few months

SHUTTERSTOCK



NOW OPEN!



Metro's Place to Play is fun for all ages!

Waterslides
Bumper Cars
Go - Karts

Gravity House
Amusement Rides
And more!

TICKETS

Must present coupon. Limit one per customer. Expires Sept. 2/14.

**BUY 10 TICKETS
GET 5 FREE**

Ask about our Birthday Party and Corporate Event Packages

**1200 LUCASVILLE RD
HAMMONDS PLAINS**

**11am-6pm Daily
902 865-1025 • playland.ns.ca**

TO RE-OPEN IN OCTOBER!
**HAUNTED
CASTLE**

**ENTER
IF YOU DARE!**



museum.novascotia.ca/summer



MARITIME MUSEUM of the ATLANTIC

A PART of THE NOVA SCOTIA MUSEUM

1675 Lower Water Street, Halifax, NS Tel: 902 424-7491

maritimemuseum.novascotia.ca



@ns_mma



maritimemuseum



A PART of THE NOVA SCOTIA MUSEUM

147 North Foord Street, Stellarton, NS Tel: 902 755-5425

museumofindustry.novascotia.ca



@ns_moi



MuseumofIndustry



A PART of THE NOVA SCOTIA MUSEUM

1747 Summer Street, Halifax, NS Tel: 902 424-7353

naturalhistory.novascotia.ca



@MNH_Naturalists



mnhnovascotia

Nova Scotia Museum Pass

BUY | GET
ONE | 27

Purchase a Nova Scotia Museum pass for unlimited visits to 27 provincial museums for one year. Get yours at any Nova Scotia Museum or call 1-800-632-1114.

museum.novascotia.ca



@ns_museum



novascotiamuseum

NOVA SCOTIA



Busker Festival runs from July 30 to Aug. 4. There will be about 400 shows taking place on five stages. CONTRIBUTED



Everything from amazing to zany will be seen. CONTRIBUTED



Various acts will show off their talent at the festival. CONTRIBUTED

What's inside



If Miss Congeniality is your gal, see Summer of Sandra Page 17



Arrrr, these sand castles are a pirate's dream Page 16



Shakespeare in the Park Page 19



Golfing on the greens Page 20



Food and Wine Guide Page 22

Busker fest takes centre stage

Six days of originality. Longest running festival of its kind in North America is poised to perform

RICHARD WOODBURY
For Metro

The Halifax International Busker Festival is a staple of summer life in Halifax. Now in its 28th year, it is the longest running festival of its kind in North America.

One reason for the festival's continued success is the type of entertainment it brings to Halifax.

"It's unique," says Christina Edwards, the event director.

"The acts you're going to see at the festival, you don't see anywhere else."

Outside of the Busker Festival, these acts don't usually come to Halifax, so it's kind of a one-shot deal for people to see this non-mainstream entertainment.

This year's festival runs from July 30 to Aug. 4. The six-day festival will feature about 400 shows performed by 14 different groups and individual performers.

There are five stages and

First ever opening gala

- For the first time in almost 10 years, the Halifax International Busker Festival is holding an opening gala. On July 29, the night before the festival opens, there will be a dinner and indoor sneak peek show held at the Westin Nova Scotian.
- In addition to a fantastic meal, attendees will enjoy "all the sights, sounds and excitement of a private Busker Festival showcase featuring contortionists, acrobats, music, living statues and so much more."
- Tickets are \$65, plus tax.

the performers will rotate and play different stages each hour. The shows run from noon to 10 p.m.

Besides the entertainment,

there will be food trucks on hand, such as Habaneros' Gecko Bus.

As part of the Busker Festival, there is a lot of additional

programming taking place. For example, the Salter Parking Lot will be transformed into a mini carnival as East Coast Amusements will be on hand.

The Busker Festival will also take its programming on the road and perform at the IWK Health Centre for kids who can't make it out to the festival. As well, there will be performances on Natal Day at the Hydrostone.

As always, there is no charge for attending the Busker Festival, although people are encouraged to tip the performers.

The schedule is being finalized and will be posted online at buskers.ca when complete.

ON SALE NOW

8th Annual
"Beer on the Pier!"

AUGUST 8-9, 2014

275 Craft Beers, Imports & Ciders
Great East Coast Food & Music
Cunard Centre, Halifax Seaport

Tickets available at Ticket Atlantic & select NSLC stores
www.seaportbeerfest.com

[@seaportbeerfest](https://twitter.com/seaportbeerfest) [/HalifaxSeaportBeerFest](https://facebook.com/HalifaxSeaportBeerFest)

SPONSORED BY

Halifax seaport

NSLC

BITS interactive

Global HALIFAX

105

The Coast

DELTA

Soak up the sun at the Halifax harbour

Family fun. Stroll down to the boardwalk and take in Theodore Too the friendly tugboat, the Nova Scotian Crystal, the Wave sculpture and more

JON
TATTIE
For Metro

You don't need to leave Halifax to have a full day of family fun: just head to the boardwalk.

At the ferry end of the boardwalk, the friendly face of Theodore Too offers 30-minute tugboat tours of Halifax Harbour. Other trips putter up close to the big cruise ships to welcome visitors to Halifax. It's also a memorable way to celebrate birthdays or make a class trip stand out.

Next, peer into Nova Scotian Crystal to see artisans using the centuries-old method of mouth blowing and hand cutting to make beauti-

Sunny day...

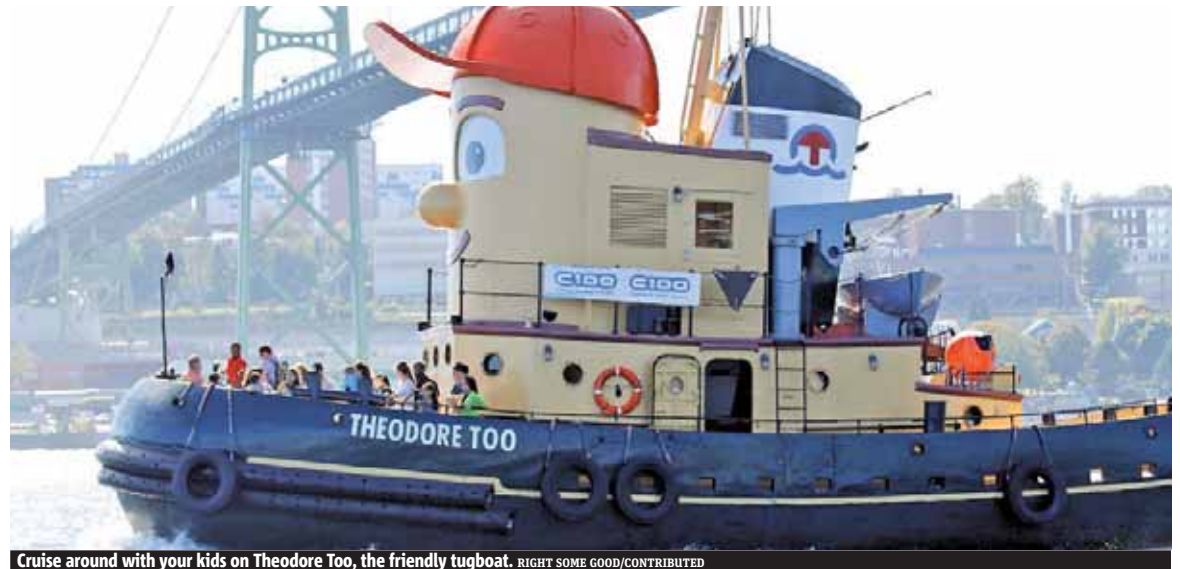
We can tell you how to get... how to get to Sesame Street

Visit the Discovery Centre this summer. Elmo, Oscar, Grover and friends star in an interactive exhibit about how the body works. From internal organs to how feet function, it's an amazing exploration. Sesame Street Presents: The Body! runs until Sept. 7.

ful vases, glasses and more.

A stroll along the waterfront then brings you to the iconic Wave sculpture. Kids love clambering up the artwork and also on the submarine-themed playground nearby at the Maritime Museum of the Atlantic. The 15-metre high play area was built in Chester Basin to replace the boat playground a few years ago.

Head inside the museum



Cruise around with your kids on Theodore Too, the friendly tugboat. RIGHT SOME GOOD/CONTRIBUTED

to learn about Titanic and see artifacts from the famous ship. The museum also has a permanent exhibition about the 1917 Halifax Explosion, real sailboats and fascinating displays from the Days of Sail and the Age of Steam.

Shipwreck Treasures details some of the 10,000 recorded shipwrecks on the coast of Nova Scotia. The Sable Island section paints a picture of life on the isle of wild horses.

Walk up to the Discovery Centre (1593 Barrington

Street) for a hands-on romp through science. Permanent fixtures like the Bubble Room, where kids can stand inside giant bubbles and explore smaller ones, are popular ways to learn about the science behind everyday life.

Budding engineers can build their own roller coaster to learn how to keep things on track, or run across a kid-sized suspension bridge to learn how we drive across the harbour without getting wet.

The Future Starts in Your Own Backyard



Spring
Special on
Landscape
Mulch
Call for details

Organic Soils • Mulch • Stone & Gravels • Sand

We carry a variety of locally blended and processed products that will beautify any landscape. Whether you are a contractor or a homeowner, you will find what you need.

Offering pick-up or delivery service for any size load.
Please call for a delivery quote.

**Proudly serving our community
for over 45 years.**

1993 Hammonds Plains Rd | 835.2446 | www.kynock.com

KYNOCK
RESOURCES



Kempt Shore Festivals

www.kemptshorefestivals.com

10th Anniversary

Acoustic Maritime Music Festival

July 16th - 20th

\$80 Festival Pass includes Camping

Joel Plaskett - David Myles - JP Cormier - Valdy
Gary Fjellgaard - Charlie A'Court - BackYard Devils
Dave Gunning - Ryan Cook - Christina Martin
The Secrets - Doris Mason - The Hupman Brothers
Christine Campbell - Ask Your Sister

Kempt Shore Music Gala & Dance

August 15th - 17th

Hal Bruce - The Divorcees - Dave Guptill
The Hupman Brothers

weekend & day passes at gate

902 633 2510 902 798 6422

Peterson's Campground

5701 Highway 215, Kempt Shore, Hants Co., NS



Nels Cl... FLICKR

Get pumped up for patio season

Bye-bye winter blahs. Locals and tourists know that relaxing on a patio is one of the best ways to soak up the summer

JEN TAPLIN
For Metro

It's that glorious time of year to soak up the sun, along with a side order of beer and nachos. Halifax might be best known for its attractions like Citadel Hill, but locals and tourists alike know a patio is one of the best ways to spend a summer afternoon.

HRM is bursting with outdoor eating and drinking options. Here is a selection of some of the best patios around town: Argyle Street in downtown Halifax is patio heaven. Here are a few Argyle must-tries:

• Bitter End

- Bistro Le Coq
- Economy Shoe Shop
- The Loose Cannon
- Argyle Bar & Grill
- The Carleton Music Bar & Grill

A patio doesn't need an Argyle address to be fantastic. Here's a brief selection of some sun-soaking patios around downtown Halifax:

- Your Father's Moustache, 5686 Spring Garden Rd.
- Baton Rouge, 1877 Hollis St.
- The Company House, 2202 Gottingen St.
- Lower Deck, 1887 Upper Water St.
- Niche Lounge, 1505 Barrington St.

Hop the ferry to Dartmouth to visit some outstanding patios. Better yet, if you live there it's a shorter stumble home:

- Nectar Restaurant & Wine Bar, 62 Ochterloney St.
- Celtic Corner, 69 Alderney Dr.
- Wooden Monkey Dartmouth, 40 Alderney Drive
- Rocco's Ristorante Italiano, 250 Baker Dr.

Venture a bit further from the waterfront and you'll be rewarded. These patios offer a different view, but the patios offer the same sunny experience with mouth-watering menus:

- Darrell's Restaurant, 5576 Fenwick St.
- The Armview, 7156 Chebucto Rd.
- Cafe Chianti, 1241 Barrington St.
- Freeman's Little New York, 6092 Quinpool Rd.

Sometimes the occasion calls for a cappuccino instead of

a beer. Here are some summertime stops guaranteed to get your caffeine on:

- Humani-T Cafe, 5755 Young Street or 1451 South Park St.
- Just Us! Cafe, 5896 Spring Garden Rd.
- Chebucto Coffee, 6430 Chebucto Rd.
- Steve-O-Reno's Cappuccino, 1536 Brunswick St.
- Pavia Gallery Espresso Bar & Cafe, 995 Herring Cove Rd.

Permit plus

Restaurants have to apply to the municipality for a patio permit and business is booming. While there were only 29 patio permits issued in 2009, there was 51 in 2013.



The Right Some Good Pop-up Food Festival will make your mouth water
RIGHT SOME GOOD/CONTRIBUTED

Gourmet on the street with pop-up food fest

Fancy having dinner on the helicopter deck of HMCS Preserver? Or perhaps in a pop-up restaurant in the middle of Spring Garden Road? Both are happening as part of Halifax's first Right Some Good Pop-up Food Festival.

The festival is held over three days. On June 27, Michelin-Star Chef Cristina Bowerman will bring her Italian skills to the military warehouse at CFB Halifax. Crews will transform the warehouse into a five-star dining room.

On June 28, the pop-up dinner will land on the deck of the Preserver, where celebrated New York Chef Ed Cotton will serve up a meal as memorable as the panoramic view of Halifax Harbour.

Both will be paired with local military chefs. "The idea is to bring the world's best chefs to Nova Scotia and pair them up with local chefs to create one-of-a-kind menus using only local ingredients," says organizer Pearleen Mofford.

It's the festival's fourth time in Nova Scotia and its first time in Halifax. Mofford admits that first phone call to ask about booking a helicopter deck for dinner took some persuading. "The Royal Canadian Navy have been outstanding to work with," she says. "We're really excited to be staging a dinner with them. Their culinary team is so excited to have these world-class chefs in their kitchens."

The dining room pops up for one day, and then vanishes. Seating is limited for the two main meals and tickets can be bought at Rightsomegood.ca.

The rest of us won't be left out. On Saturday, June 29, Right Some Good turns Spring Garden Road into a giant pop-up restaurant. Entrance is free and it's open from 9:30 a.m. to 9:30 p.m. You pay for the food and drinks on site. "We're hoping that summer will arrive on the 21st of June like it's supposed to," Mofford laughs.

JON TATTIE/FOR METRO



STEAK
AND
STEIN

Delicious Family Dining

Offering a Neighbourhood Favourite! All Summer Long!

THE LOBSTER ROLL | \$13.99

Chunks of lobster meat, celery and a hint of mayonnaise on a bed of shredded lettuce in a steamed roll. Accompanied with golden brown potato crisps.



The surfing around Lawrencetown is some of the best anywhere on the Atlantic Ocean. WALLY HAYES PHOTO

An 'incredible place to surf'

Storm chasing. Intense waves or relaxing day at the beach — Halifax has both

TOM MASON
For Metro

Most Nova Scotians feel a tinge of unease when a West African low pressure system turns into a swirling hurricane and heads for our coast.

But for the surfing community, a perfectly placed storm can start the blood racing for an entirely different reason.

"Actually it's a common misconception that we like storms," says Lawrencetown surf school operator and pro surfer Nico Manos. "What we want is a storm that's far offshore so that the energy takes a long time to get to the coast and forms waves into decent sets. Those are perfect surfing conditions."

The ocean that laps at the edges of Halifax is one of our best resources for summer



Grab a kayak and head onto the water. WALLY HAYES

fun, whether your watercraft is driven by waves, sails, paddles or a motor. For anyone looking to try out a new water sport this summer, a rental is the best way to get started.

Sea kayak, canoe and surfboard rentals are available at a variety of venues around town, and a variety of lessons are available at paddling clubs, dive shops and even on local beaches including Lawrencetown.

For those who like to take things a little easier, there's nothing more relaxing than a day at the beach, and with more than a dozen beaches with easy driving distance of downtown Halifax and Dartmouth, it's an

embarrassment of riches for beach bums and surfers alike.

For surfers like Manos, it's all about the waves.

"Nova Scotia is a pretty incredible place to surf," he says. "The conditions here appeal to the seasoned surfer." In fact, the Atlantic coast of Nova Scotia has an organized swell that's rare in most parts of the world; waves that set up in high quality sets on a windy day. "It's slightly inconsistent, but when conditions are good there's an insane quality to the waves here. Any surfer worth his salt in Hawaii or Australia knows what great surf we have here. It's no big secret."

Best Beaches in HRM

- **Martinique.** The longest strand of sand in Nova Scotia is also one of the province's prettiest beaches. With a protected bird sanctuary nearby, the bird life along Martinique Beach can be fun to watch. Lifeguards are on duty throughout the summer although the undertow can be treacherous.
- **Lawrencetown.** Famous for big waves and surfers, Lawrencetown has good facilities, plenty of parking and a network of popular biking and hiking trails.
- **Rainbow Haven.** This provincial park beach is the closest swimmable saltwater beach to the city and popular in the summer months.
- **Conrads.** Conrads Beach has great sand and no facilities. A great beach for anyone who wants to avoid the crowds.

Think making sandcastles is just for children?

On Aug. 24, hundreds of sandcastle architects and thousands of spectators will head to Clam Harbour Beach on Nova Scotia's Eastern Shore for a competition of creativity and skill.

Participants are allowed to use what nature provides — sand, driftwood, shells, seaweed and rocks, as well as tools including their hands, shovels, pails, rakes and spatulas.

There are three judges, and usually one will be the mayor or a local politician, and a young person for the youth category.

"In terms of criteria ... the four categories they're judged on is originality, detail, difficulty and presentation," says Paul Forrest, Civic Event Coordinator of Events & Cultural Initiatives for Halifax Regional Municipality.

It's actually not just sandcastles you'll see at the competition, but sand sculptures, and according to Forrest, the creativity will blow your mind.

"Last year, the one that stood out to me was the minions from Despicable Me; they were perfect," he says.

There's no limit on how many people can work on one sculpture or castle.

"In the past, there was a giant 30-foot pirate ship that one person built. So for difficulty, they're going to get 10 out of 10. However, if there was a crew of 20 people working on it, eh, that's a little less impressive," he says chuckling.

The event goes on rain or shine, Forrest says. The date for the competition varies each year — this year, it'll be on Aug. 24. **CHRISTINA COPP/FOR METRO**



While the event goes rain or shine — this castle is hoping for shine. PAUL FORREST

Competition heats up

- The competition is heading into its 36th year.
- Event partnership with all three levels of government: Halifax Regional Municipality, Province of Nova Scotia and Royal Mounted Canadian Police.
- More than 60 groups/individuals registered to compete.
- Seven shuttles transport thousands of people from six bus stops along 10 kilometres of Clam Harbour Road.

Summer is Here... They Would Love to Meet You...

OPEN
10AM-DUSK
7 DAYS A WEEK

www.oaklawnfarmzoo.ca
902-847-9790 • Exit 16 off HWY 101 • Aylesford, NS

Avon Valley GOLF & COUNTRY CLUB

A friendly, full-service 18 hole course, just 35 minutes from Metro, near Falmouth off Highway 101 at exit 7

JUNE GREEN FEE SPECIALS

Two Players & Cart \$90* *Weekdays after 12pm	Walkers \$35* *Weekdays after 12pm
Two Players & Cart \$100* *Weekends and Holidays after 12pm	Nine Holes \$30* *Saturdays after 4:30 pm Shared Cart & Meal.

*Tax Included.

(902) 798-2673 avgcc@win.eastlink.ca www.avonvalleygolf.com



Multicultural Festival is defined by diversity. CONTRIBUTED

Festival is growing in numbers

- The Nova Scotia Multicultural Festival grows every year. Last year's event hosted about 22,000
- and Savage expects the crowds to round at 25,000 by the end of this weekend.

Festival marks 30 years

Multifest 30. Organizers have added a few fun extras to celebrate the occasion

JENNIFER
TAPLIN
For Metro

When a festival turns 30, it's time to mix it up a little.

The Nova Scotia Multicultural Festival, nicknamed Multifest 30 this year, has already kicked off but the main event is coming this weekend. This year, Ed Savage, events manager, said they added a number of new elements to mark the festival's 30-year mark.

They started with a street party on Portland Street last weekend as a nod to the festival's former stomping grounds. It moved to the parking lot by Pier 21 a few years ago.

Festival weekend gets going on Friday with music and dance performances, cooking demonstrations, workshops

and many other activities. Saturday morning starts off with a parade at 10 a.m. on the Garrison Grounds marching on Bell Road, South Park Street, Spring Garden Road and Barrington Street before winding up on Hollis Street.

"We added a children's fun centre to our festival this year. We're putting in some bouncy castles and a number of different things for children," Savage said.

And for the adults who can't stand to miss any World Cup action: a FIFA beer garden will be popping up this weekend, showing several games.

"Ethnic people are very into soccer and their home teams," Savage said.

Joining the diversity of international cuisine are a few new entries this year. Savage said there will be dishes from Syria and Lebanon just to name a few.

A hot dog is not a hot dog at Multifest 30. Why not try a North African Open Sesame Dog? There's a Mediterranean Diet Dog, an Italian Pizza Dog. And for the brave palate: a



The festival started with a street party last weekend and includes lots of fun activities, such as music and dance performances. CONTRIBUTED

South American Whimpering Dog.

And while enjoying a samosa, or delectable Polish perogies, head over to the stage for an eclectic slate of performances.

Try this for a mix: Arrirang Korean Drum Team, La

Baie en Joie, Nova Scotia Mass Choir, and Zulkamoon.

Throughout the weekend, organizers have scheduled many half-hour healthy-living presentations including healthy eating, edible landscaping and seniors home safety.

What do Gravity, Speed and The Blind Side have in common?

For 14 years, The Atlantic Film Festival has put on the Outdoor Film Experience, a series of free films shown at various outdoor locations around Halifax Regional Municipality. Every year, the series follows a theme, and this year's is particularly unique.

It's the summer of Sandra. Sandra Bullock, that is.

Five Bullock movies will be featured on the nine-metre screen at the Tall Ships Quay on Halifax's beautiful waterfront. The movies will be every Friday night beginning July 18.

Films will also be shown

On the big screen

The Summer of Sandra will include five movies:

- The Blind Side
- Gravity
- Miss Congeniality
- Speed
- The final film will be the fan's choice, to be voted by the public.



Five Sandra Bullock movies will be featured at the Tall Ships Quay. The movies will be every Friday night beginning July 18. CONTRIBUTED

at Kinsman Park in Lower Sackville, Ferry Terminal Park, Dartmouth Crossing, Sunnyside Mall and Grand Parade.

So, what made the fine people of The Atlantic Film Festival choose Bullock, an academy award-winning actor as its actor feature this summer?

"In terms of Sandra, she's always been successful in romantic comedies, but for the last couple of years, her career just went to another level," says Rose Zinck, AFF's regional outreach and engagement manager.

"She's not just a performer people like, she seems to be a person people like."

Besides movies featuring

one of America's sweethearts, movie-goers in Bedford will be able to see fan-favourite Ferris Bueller's Day Off, Sackville film buffs can watch Despicable Me and in Dartmouth, you can watch Honey, I Shrunk the Kids!, Ghostbusters and The Princess Bride.

The event will go on as long as the weather is reasonable, and is free thanks to the event's sponsor, Emera.

It's a popular event — often more than 2,000 people will view one screening, and they're encouraged to bring whatever makes them comfortable.

"We've had everything from lawn chairs to blankets to blow-up mattresses," Zinck says. CHRISTINA COPP/FOR METRO



Célébrons la culture acadienne



5 août à 20 h: Spectacle musical sur la déportation des Acadiens, "Le courage d'un peuple exilé", au Théâtre Alderney Landing

14 août à 20 h: Lever du drapeau à l'Hôtel de Ville et projection du film "Il était une fois les Boys" au Grand Parade

15 août à 19 h: Fête nationale des Acadiens sur le Harbour Queen avec le groupe Tee Chaoui Social Club

16 et 17 août: Célébration des journées acadiennes au Musée de la maison acadienne à Chezzetcook.

Pour information:

www.ccgh.ca | 902-435-3244
info@ccgh.ca



Festival to get Hypnotic

In the family. Sibling ensemble sons of jazz trumpeter Phil Cochran

STEVE COLLINS
For Metro

Fresh from dates in the United Kingdom, Ireland and Mexico, the Hypnotic Brass Ensemble is getting ready to work its spell on Canada.

"What we've found in the different places we go, we have a lot of people who found out about us online and have been following us for many, many years listening and hoping we'd come to their country," says Gabriel "Hudah" Hubert, eldest of the band of brothers — sons of jazz trumpeter Phil Cochran (Sun Ra Arkestra).

Touring along with the hip-hop influenced brass ensemble is a new documentary,

On stage

Hypnotic Brass Ensemble plays the Festival Tent, Lower Water Street and Salter Street Saturday July 5 at 8 p.m. Tickets are \$42 (\$37 Halifax Jazz Festival Members). Lineup: Gabriel "Hudah" Hubert (trumpet), Saiph "Cid" Graves (trombone), Amal Baji "Baji" Hubert (trumpet), Jafar Baji "Yosh" Graves (trumpet), Seba "Clef" Graves (trombone), Tarik "Smoov" Graves (trumpet), Uttama "Rocco" Hubert (baritone horn).

Brothers Hypnotic, on which the band worked closely with filmmaker Reuben Atlas.

"We kinda helped with the editing and what you guys see, we were open and hands-on with it from its inception,"



The Hypnotic Brass Ensemble takes the stage on June 28. CONTRIBUTED

Hubert says. "It's fun to watch. I've seen it at least 10, maybe 15 times."

The film goes back to the ensemble's Chicago origins, in a musical household — where the eight boys were required to get up at 6:30 a.m. to practice their instruments

— traces their musical influences and follows them on tour. It also helped introduce them to new fans in Mexico.

"This was our second time down there," Hubert says. "The first time we stayed for one night and then flew to Japan. We didn't really get an

opportunity to check the place out. This time we opened up a new market, played in Mexico City, Cuernavaca and Oaxaca. We had a great reception, good press coverage, showed our documentary a couple of times, so it was pretty good."

As for future destina-

tions, Hubert has a wish list: "I would like to tour more in Africa and would like to get to India. We've been fortunate. There haven't been too many continents we haven't touched. The only continent we haven't performed on is Antarctica."

Dropkick Murphys

WITH SPECIAL GUEST THE MOTORLEAGUE

AUGUST 5

CUNARD CENTRE

GET TICKETS AT THE TICKET ATLANTIC BOX OFFICE, ALL PARTICIPATING ATLANTIC SUPERSTORES, 451-1221, WWW.SONICCONCERTS.COM

WWW.DROPKICKMURPHYS.COM

The Wiggles

ON SALE TOMORROW!

READY, STEADY, WIGGLE! TOUR

2 SHOWS!

SEPT 21 - HALIFAX METRO CENTRE

GET TICKETS AT TICKET ATLANTIC, ALL PARTICIPATING ATLANTIC SUPERSTORES, 451-1221, WWW.SONICCONCERTS.COM

WWW.THEWIGGLES.COM

Shakespeare takes to the sea this summer

Point Pleasant Park.

Thanks to park's size, no limit on how many can attend performance

JEN
TAPLIN
For Metro

Point Pleasant Park is a favourite destination of Haligonians all year round, but in summer, it's not just a beautiful park, but a massive outdoor theatre dedicated to one of history's best loved writers — William Shakespeare.

Shakespeare has been dazzling audiences for 21 years, and this year will be no different. This year, *Cinderelly — The Wild, Wild West Musical*, *Taming of the Shrew* and the *Merchant of Venice* will be entertaining audiences from July 1 until Aug. 31.

The performances generally take place outside in the park's expansive nature trails, fort ruins and other historic sites. There is an indoor theatre in case of rain, but a suspicious fire June 1 means that it may



This year, *Cinderelly — The Wild, Wild West Musical*, *Taming of the Shrew* and the *Merchant of Venice* will be entertaining audiences July 1-Aug. 31. FACEBOOK

not be in working order for this season.

But unless there's rain, the shows will go on, according to Elizabeth Murphy, co-artistic director of Shakespeare by the Sea. The small group is currently looking at available indoor

spaces in case of rain, which will be announced on its website as soon as one is chosen.

"Mostly [the fire] it's affecting rehearsal time, because June is generally a cool month so we usually rehearse indoors. We've been at Neptune Theatre

the last two weeks, thankfully," says Murphy.

The shows are free, but a suggested donation of \$20 per person would be gratefully received. Part of those donations will go to rebuilding and replacing materials

lost in the fire.

"The response from the community has been really wonderful," she says. "It's just so heartwarming to realize we have a place in people's hearts."

Low-cost seating is available at the performance, and

the areas are also wheelchair/stroller accessible, and there is plenty of parking.

Thanks to the park's size, there's not really a limit to how many can view a performance.

"I don't think we can have 500,000 — that's a joke! We've played to over 600 people," she says, and there's never been a problem with number of attendees before.

For more information, visit shakespearebythesea.ca.

On stage

- Shakespeare by the Sea has presented more than 70 productions and performed for more than 200,000 people since 1994.
- Shakespeare by the Sea is run by just 15 actors, two costume designers, a student volunteer and two artistic directors.
- Run by the not-for-profit The Shakespeare By The Sea Theatre Society



There will be 17 public concerts at this year's festival. CONTRIBUTED

Opera is still alive and kicking in Halifax

What started as a simple workshop for singers in 2005, the Halifax Summer Opera Festival has grown into a one month love affair with opera.

Hundreds of singers from across Canada and the U.S. audition for the festival. More than 80 are chosen to perform three main-stage operas, and a multitude of concerts from July 21 to Aug. 17.

"Learning for them in the workshop is performing a full role in a fully-staged opera or musical theatre piece," said

Nina Scott-Stoddart, artistic director.

Concerts, the three main-stage productions and masterclasses are open to the public. And for those of us who are not linguists, operas in foreign languages will have English translations projected for the audience.

"Opera is extraordinarily vibrant art form. The thing that keeps it vibrant are the young performers who are coming along and working very hard to be the opera singers of the future," Scott-

Stoddart said. "That's really what the festival is all about: it's a celebration of the young performers worldwide."

Singers are between 18 and 30. Throughout the festival, the young casts will focus on opera classics, but Scott-Stoddart said they bring a modern approach to the production.

"It makes it more accessible to young people who maybe have this idea that opera is stuffy, something like an insect fossilized in amber ... but when you see an

For the public:

- 17 concerts, 10 public master classes, three mainstage operas are open to the public. "All our master classes will be open to the public for the first time this year," said Scott-Stoddart.
- The three mainstage

operas are *Giulio Cesare* in *Egitto* by G.F. Handel, declared one of the best Baroque operas. *Rusalka* by Antonin Dvorak, the original Czech tale of the Little Mermaid. Into the Woods by Stephen Sondheim, a musical theatre classic.

opera done in modern dress by people who are about your

age, it changes everything." JEN TAPLIN/FOR METRO

SATURDAY SIDEWALK SALE

Every SUNNY Saturday ALL summer long



Locally owned and operated on Quinpool Rd. for over 35 years!

SPEEDO

Check out our extensive line of Speedo Swimwear & Accessories.



6164 Quinpool Rd. • Halifax • 902-454-4296 • nautilusaquaticshobbies.com



Thai Ivory Cuisine
Authentic Thai Cuisine
FULLY LICENSED

Daily Lunch
& Dinner
Specials

Bedford • Quinpool Rd.
Dartmouth Crossing (NOW OPEN)

DINE IN, TAKE OUT, DELIVERY, CATERING AVAILABLE

TEL: 431-THAI (8424) • WWW.THAIIVORYCUISINE.CA



GOLFest Nova Scotia runs from June 30 to July 6. CONTRIBUTED

Showcase for some of the world's top golfers

Family fun. GOLFest Nova Scotia to feature PGA Tour and Web.com Tour stars

RICHARD WOODBURY
For Metro

Golf fans will be treated to a showcase of some of the best PGA Tour talent and rising stars from the Web.com Tour as part of GOLFest Nova Scotia.

GOLFest runs from June 30 to July 6 at Ashburn Golf Club's new course in Fall River.

On Monday, June 30, Team Canada will take on the world for the RBC Canada Cup. Canadian PGA Tour players Mike Weir, Graham DeLeat and David Hearn will represent the red and white and will take on a world team consisting of Matt Kuchar, Gary Woodland and Trevor Immelman. Both sides will also have a Web.com Tour player.

Grant MacDonald is the director of GOLFest and



there's something he wants from fans.

"Because it is a celebration of Canada... we want to see everyone wearing red and white and singing the national anthem and making sure Team Canada feels the support behind them," he says.

Eric Banks

Truro-native Eric Banks to play in Nova Scotia Open

- Eric Banks has received an exemption to play in the Nova Scotia Open. The 5'9

lefty from Truro is a senior at the University of Florida. Banks has overcome a lot of adversity in his short career, namely having open-heart surgery in June 2012.

The format for the event will be match play, with players playing singles matches on the front nine and playing in teams of two with an alternate-shot format on the back nine.

The Nova Scotia Open will run from July 3 to July 6 and marks the only Web.com Tour event happening in Canada this year. The event will be broadcast live worldwide on the Golf Channel.

People will be impressed by the calibre of talent on the Web.com Tour, which includes notable graduates such as Bubba Watson and Jason Day.

"It is the path to the PGA tour," says MacDonald. "It is the only way for players from the web.com Tour to be able to earn their way on to the PGA Tour, so these really are the best of the best. They're just on their way up."

Tickets to see both events in person are available through Ticket Atlantic and at select Superstore locations.

Bottoms up! Beerfest is back

Fittingly, the idea for the Halifax Seaport Beerfest was hatched over a beer eight years ago. Since then, the festival has grown to become Atlantic Canada's largest beer festival.

"It's an unbelievable array of beer and cider," says Brian Titus, Beerfest's co-founder.

There will be just under 300 beers for attendees to sample, but they'll need to be strategic about it. A total of three sessions will be offered on Friday, Aug. 8 and Saturday, Aug. 9. Each session is 2.5 hours long, so people won't have time to sample every beer.

The beers being offered are craft beers, craft-style beers from larger brewers and premium imports.

"You're not going to find the more generic, high-volume brands," says Titus. "If they don't fit into that more distinctive mould, they just won't be there." One of the great things about Beerfest is it allows people to try beers they wouldn't normally have access to. Titus says half of the beers aren't available for sale at a liquor store locally.

"We're not here as a marketing exercise to profile what you can turn around and buy," he says.

Instead, the focus is on



The festival is Atlantic Canada's largest beer festival. CONTRIBUTED

building excitement for the beer industry, specifically craft beer.

Another great thing is attendees can learn about the beers from the beer company's reps, brewers and founders who will be on hand.

Beerfest will be held at the Cunard Centre and tickets are currently on sale. A regular advance ticket is \$45, plus HST and service charges, compared to \$50, plus HST and service charges at the door. There is also a VIP ticket option available, as well as a

designated driver service.

At each session of the Halifax Seaport Beerfest, there will be a pavilion where a few casks of beer will be tapped.

When a beer hasn't completed fermentation yet, brewers will sometimes take that beer and put it into a cask to let it ferment and condition in there. As well, they might add some spices, hops, fresh fruit, hops or chocolate. "It's the freshest beer you'll ever have in your life," says Brian Titus, Beerfest's co-founder.

RICHARD WOODBURY/FOR METRO

SUMMER

is back in fashion at Spring Garden Place!

Find high fashion, dynamic decor and downtown Halifax's most delectable selections of dining choices at Spring Garden Place.

SPRING GARDEN PLACE

5640 Spring Garden Road, Downtown Halifax 902-420-0675
springgardenplace.ca **f**



Citadel Hill Guards stand guard at the Halifax Citadel National Historic Site. CONTRIBUTED

City's best kept secrets behind museum doors

TOM MASON
For Metro

One in five Canadians can trace their roots back to Pier 21, the immigration shed on the Halifax waterfront that saw more than one-million immigrants land here between 1928 and 1971. Today Pier 21 is Halifax's newest museum and one of its most visited, an award-winning National Historic Site featuring hundreds of artifacts, a unique multimedia display, historic photographs, recordings of immigrants and their emotional stories, a simulated train journey from Halifax to Vancouver and the Scotiabank Research Centre.

You could spend a whole summer of weekends visiting HRM's museums and historic sites. From the Fairbanks Centre that tells the story of the province's Shubenacadie Canal to the military pageantry of Citadel Hill, there is plenty to see and experience.

As museums go, Maritime Command Museum at CFB Stadacona is one of city's best kept secrets, but for the serious history buff it contains a wealth of treasures, including the cracked and battle-damaged bell from HMS Shannon, the ship that defeated the USS Chesapeake in the epic War of 1812 naval battle; and a hunk of twisted metal from the Mont Blanc, the munitions ship that exploded in the harbour in 1917.

The Maritime Museum of



The Maritime Museum of the Atlantic is most famous for its collection of Titanic artifacts. SCOTT MUNN PHOTO

the Atlantic has one of the best collections of maritime artifacts in North America including a World War II Corvette and a huge collection of ship models. The museum is probably most famous for its Titanic collection, including a deck chair, a hand-carved piece of the grand staircase made famous by the James Cameron movie, and the shoes of a young victim – all poignant reminders that sudden tragedy is a big part of maritime history.

Other museums worth a visit this summer include Memory Lane Heritage Village, a painstakingly accurate recreation of a small Nova Scotian community from around the end of World War II; and the Cole Harbour Heritage Farm Museum where visitors can see a working farm in the midst of urban Halifax.

Consider these...

- Maritime Museum of the Atlantic
- Nova Scotia Museum of Natural History
- Uniacke Estate Museum Park
- Cole Harbour Heritage Farm Museum
- Pier 21 National Historic Site
- Halifax Citadel National Historic Site
- Art Gallery of Nova Scotia
- Africville Museum



JUNE 28TH

12:00 NOON - 4:00 PM

GRAND OPENING

GO WILD! PLAYGROUND
FREE COOKIES* & FREE FACE PAINTING

JUNE 28TH

8:00 PM - 10:00 PM

10:00 PM

KICK OFF CANADA DAY!

LIVE MUSIC & FREE* CAKE
FIREWORKS AT PONDSIDE AMPHITHEATRE*

JULY 19TH

9:30 PM

FREE MOVIE NIGHT:

"HONEY, I SHRUNK THE KIDS!"
& FREE* POPCORN

JULY 26TH

2:00 PM - 4:00 PM

FREE CONCERT:

WITCHITAW - These 2014 ECMA Showcase Artists will bring their "Tearin' It Up" Summer Tour to Pondsides Amphitheatre!

AUGUST 16TH

2:00 PM - 4:00 PM

FREE CONCERT:

ASHELIN - Known for their sparkling vocals and intricate harmonies, ASHELIN's brand of folk roots and pop wows every crowd!

Visit dartmouthcrossing.com for full event details and updates.

*WHILE QUANTITIES LAST.

THE VILLAGE SHOPS
AT DARTMOUTH CROSSING
EVERYTHING YOU WANT - EVERY OCCASION
dartmouthcrossing.com

Halifax PRIDE
ONCE UPON A PRIDE
July 17th - 27th

Queer Acts
July 17th - 20th

Dykes vs Divas
Sunday, July 20th
2-5pm

27th Annual Parade
Saturday, July 26th
1:30pm

Family Picnic
Sunday, July 27th
12pm

Complete event listings
at halifaxpride.com



Durty Nelly's is one of almost 200 dining establishments located in downtown Halifax. COURTESY SCOTT MUNN

Something for everyone's taste

TOM MASON
For Metro

With its distinctive cobblestone paths and courtyards, Domaine de Grand Pré exudes old-world charm. But this Annapolis Valley winery is most assuredly the New World — the epicentre of Nova Scotia's burgeoning wine industry and just an hour from downtown Halifax. In a few square kilometres of valley soil, vineyards including Benjamin Bridge, Muir Murray Estate, Lockett Vineyards and Grand Pré have been winning awards, growing a fan base and turning their operations

into some of the Halifax area's most popular tourist attractions.

It's all part of a growing confidence that's putting Nova Scotia food and drink producers on the culinary map. Some of the Canada's best craft beers are also being brewed here.

Halifax's restaurant scene has exploded in recent years with about 200 restaurants in the downtown core alone, serving everything from seafood, Italian and Greek, to Chinese, Vietnamese, Thai, Japanese and a host of other flavours. And farmers' markets — once a rare breed within HRM city limits —

No melting pot

Nova Scotia is a great melting pot of culinary cultures: the spicy flavours of the Middle East, China and India, the pastas, sausages and potatoes of Europe, the indigenous dishes of the Mi'kmaq, all have imparted their particular flavour on the local cuisine.

are now weekly events in far-flung corners from Hammonds Plains to Dartmouth.

Every wave of immigrants who have come to the province has brought their own style of cooking with

them — styles that meshed and melded with the local ingredients to become a uniquely Nova Scotian taste. Planked salmon, rappie pie and blueberry grunt were all probably invented in Nova Scotia, but so was the Mediterranean-inspired donair. Seafood chowder started out as a pedestrian fish soup in other parts of the world, but Nova Scotians added cream and perfected it, along with another kind of homegrown chowder — a rich vegetable concoction with the odd name of hodgepodge.

It all makes for a combination of flavours that's worth exploring this summer.

Dory rides, touch tank and more at seafood fest

Halifax's pretty Marine Drive winds along the coastal villages and powerful ocean of the Eastern Shore. Sample the sea's harvest at the Eastern Shore Cold Water Seafood Festival.

The Atlantic's cold water yields some of the tastiest seafood on Earth, and the festival treats you to lobsters, mussels, oysters, clams and smoked fish. You'll also get to try traditional meals like Solomon Gundy, boiled herring and potatoes, plus fish cakes and beans.

The festival is held in Memory Lane Heritage Village in Lake Charlotte on Saturday, June 21, and Sunday, June 22. While your belly enjoys the sea-



Sample some of Halifax's best seafood — lobster, mussels, oysters, clams and smoked fish — at the seafood festival running June 21 and 22. SHUTTERSTOCK

food, your hands will be put to the test as you try to paint your own buoy, learn to row a dory ride, learn how to knit a net and build a lobster trap. If you (or your kids) are dory novices, don't worry: locals Karl Richardson and Frank Stevens rowed the dory around the entire province, so it knows what to do.

The Aquaculture Association of Nova Scotia will bring in a touch tank and there will be

live music and ocean-themed art work from Charlotte Wilson-Hammond. You can book a boat tour of Ship Harbour and its islands via Murphys Camping on the Ocean (902-772-2700).

As a bonus, you can explore life in the 1940s at Memory Lane. The heritage village has a working 1928 Model A Ford and a 1948 International pickup truck.

You'll also find a school

\$5 tickets, kids are free

Tickets for the Eastern Shore Cold Water Seafood Festival are \$5, but children under 12 get in for free. The festival runs from 10 a.m. to 4 p.m. on the Saturday and Sunday. You need to buy \$5 'taste' tickets to sample the food. The vendors will set up outside in Memory Lane, but indoor options are available if it rains.

house, church, general store, a homestead (complete with vintage 1940s radio programming), a barn, a boat shop and a gold prospecting complex.

All of the buildings predate 1950 and make the (recent) history come to life. The trucks really work, the gold prospecting machines rumble and chug along.

Volunteers dressed in period costumes explain how everything works.

JON TATTIE/FOR METRO



START YOUR ADVENTURE!



1-888-773-8888 parkscanada.gc.ca

Kejimikujik National Park and
National Historic Site

Fort Anne
National Historic Site

Halifax Citadel
National Historic Site

Port-Royal
National Historic Site



Parks
Canada

Parcs
Canada

Canada

A healthy investment

Choose local. Organic foods are widely available in grocery and health food stores, while farmer's markets give access to local, farm-fresh food

Some people choose organic food because they say it tastes better, but, of course, there are a whole basket of benefits, says Michelle W. Book, holistic nutritionist with the Canadian Health Food Association (CHFA).

"You're investing in your health but also in environmental sustainability and animal welfare."

According to Ashley St Hilaire, acting executive director, Canadian Organic Growers, organic standards place limits and prohibitions on use of pesticides and genetically modified organisms (GMOs), antibiotics, synthetic hormones and sewage sludge.

"Buying organic reduces exposure to those types of things."

The Canadian Food Inspection Agency oversees the regulation of organic products. A "Canadian Organic" label on food means it is 95 per cent or more organic, while the "USDA Organic" logo means it is 75 to 95 per cent organic.

There are about 3,732 certified organic farmers in Canada, St Hilaire says.

"They go into this because they want to farm their land sustainably so they can use it for generations to come."

While organic foods are

widely available in grocery and health food stores, they are an important part of the local food movement, too, and at this time of year that means farmers' markets. As well as getting good food locally, there is a whole entertainment value of going to farmers' markets, says Rebecca LeHeup, executive director, Ontario Culinary Tourism Alliance.

"It's where you can connect with the local community and get that 'taste of place.'"

Provincial organizations are making it easier to find local food.

YLVA VAN BUUREN/FOR METRO



Eating organic products reduces exposure to pesticides and GMOs, antibiotics, synthetic hormones and sewage sludge, say experts. SHUTTERSTOCK



There are plenty of year-round farmer's markets and organic food stores in Halifax and the surrounding area. SHUTTERSTOCK

Organic food is just steps away from you

FARMERS' MARKETS

• **WHAT:** Hubbards Farmers' Market
• **WHEN:** 8 a.m. to 12 p.m. on Saturdays (to October)
• **WEB:** hubbardsbarn.org

• **WHAT:** Hammonds Plains Farmers' Market
• **WHEN:** Thursdays, 2:30 p.m. to 6:30 p.m.
• **WEB:** myhammondsplains.ca

• **WHAT:** Halifax Seaport Farmers' Market Ltd. (to Dec. 31)
• **WHEN:** Monday-Friday,

10 a.m. to 5 p.m.; Saturday, 7 a.m. to 3 p.m.; Sunday, 9 a.m. to 3 p.m.
• **WEB:** halifaxfarmersmarket.com

• **WHAT:** Historic Farmers' Market at the Brewery Square
• **WHEN:** Saturday, 7 a.m. to 1 p.m.
• **WEB:** historicfarmers-market.ca

• **WHAT:** Alderney Landing Farmers' Market
• **WHEN:** Saturday, 8 a.m. to

1 p.m.; Sunday, 11 a.m. to 3 p.m.; Saturday Entertainment, 10 a.m. to 1 p.m.
• **WEB:** alderneylanding.com

• **WHAT:** Tantallon Village Farmers' Market
• **WHEN:** Tuesday, from 2 p.m. to 6 p.m. (runs to October)
• **WEB:** tantallonvillagefarmersmarket.ca

ORGANIC STORES

• **WHAT:** Selwood Green – Norbert's Good Food

• **WHEN:** Open Monday-Friday, 8 a.m. - 5 p.m.; Saturday, 7 a.m. - 4 p.m.; Sunday, 9 a.m. - 4 p.m.
• **WEB:** selwoodgreen.com

• **WHAT:** Home Grown Organic Foods
• **WHEN:** Tuesday-Friday, 1 p.m. to 7 p.m.; Saturday, 9 a.m. to 5 p.m.
• **WEB:** hgof.ns.ca

• **WHAT:** Organic Earth Market
• **WEB:** planetorganic.ca

METRO NEWS SERVICES



Show n' Shine Tuesdays at The Chickenburger



Bring your classic car to The Chickenburger for great weekly prizes, fan favourites and more! A great family night out.



Tuesdays 6:30pm to 9pm • 1531 Bedford Highway • www.chickenburger.com

summer fun!



metronews.ca
Thursday, June 19, 2014

SUMMER FUN 25



Food festivals in Halifax this summer keep sizzling. SHUTTERSTOCK



Sample some of the finest craft beer at Halifax Seaport Beerfest. SHUTTERSTOCK

Summer of festivals, food and more

Mark your calendar. Plenty to see and do in Halifax over the next few months

As the cultural hub of Atlantic Canada, there are no shortage of things to do in Halifax, including concerts, festivals, art exhibits and live theatre. Here

is a snapshot of just a few of the coming attractions.

Atlantic Fringe Festival — Runs from Aug. 28 to Sept. 7, the Fringe Festival is a great way to take in entertainment. Whether it's theatre or dance shows, the festival features hundreds of performances.

Atlantic Film Festival — Lights, camera, action! The weeklong

Atlantic Film Festival runs from Sept. 11-18 and features a great mix of local, national and international films.

Right Some Good Halifax — A pop-up food festival led by some of the world's top-ranked chefs and inspired by the best local ingredients. The Gourmet Street Fair features extraordinary street food, live culinary competitions, side-

walk sales, local music and a pop-up artisan market.

Pop-up dinners are on June 27, and June 28. Right Some Good on Spring Garden is on June 29. All happening at Spring Garden Road.

The Word on the Street — A one-day free festival for literary lovers on Sept. 21, it features author readings, exhibitors galore and the ever-

popular "Pitch the Publisher," where people can pitch publishers on a book idea.

Nova Scotia Multicultural Festival (MultiFest 30) — This seven-day event is the largest multicultural festival features many talented performers and artisans who offer a variety of music, dance and entertainment activities. MultiFest celebrates its 30th anniversary

this year. Runs until June 22 at Halifax Seaport.

GOLFest Nova Scotia — A celebration of all things golf in Canada. The festival will feature three anchor events: the RBC Canada Cup, the Nova Scotia Open and the Junior Canada Cup. Runs from June 29-July 6, at Ashburn Golf Club's New Course.

For more, see page 26



ROYAL NOVA SCOTIA INTERNATIONAL TATTOO



35 DAYS OF GIVEAWAYS
\$10,000 IN PRIZES
www.nstatattoo.ca

FEATURED PERFORMERS

CANADA: Military Bands, Brass Bands, Pipes & Drums, RCMP National Ceremonial Troop, Cadets, Choirs, Highland Dancers, Irish Dancers, Featured Soloists and Extras

DENMARK: Talenthødet Gymnasts

GERMANY: Show-Projekt High Bar Team, The Flying Grandpas

RUSSIA: Baikal Patterns Cossack Dancers

SWITZERLAND: Top Secret Drum Corps, Starbugs Comedic Gymnasts

THE NETHERLANDS: Juliana Bicycle Team

UNITED KINGDOM: Royal Welsh College of Music & Drama Brass Band

North American Brass Band Summer School Musicians

...AND MORE!

JULY 1 - 8

HALIFAX METRO CENTRE

PRICES START AT \$24.50

EVERNING & MATINEE PERFORMANCES

BUY 3 TICKETS GET 1 FREE
CERTAIN CONDITIONS APPLY

Fun Filled Family Entertainment

TICKETS - AT THE BOX OFFICE, BY PHONE OR ONLINE

1-902-451-1221
www.ticketatlantic.com

  **HALIFAX** Canada

summer fun



metronews.ca
Thursday, June 19, 2014

SUMMER FUN 26



The Royal Nova Scotia International Tattoo has something for everyone. CONTRIBUTED

Continued from page 25

Halifax Seaport Beerfest — Atlantic Canada's largest gathering of craft beer, imports and cider. Breweries and agents will be on hand to sample and discuss 275 unique products. More than

110 producers will be on hand representing local brewers, imports and cideries. Runs Aug. 8-9 at the Cunard Centre.

Clam Harbour Beach Sandcastle Competition — For the past 35 years, the Clam

Harbour Beach Sandcastle Competition has attracted hundreds of contestants and thousands of spectators. This year's event takes place on Aug. 24 at 9 a.m.

Buffy Sainte-Marie — The internationally acclaimed



The Halifax Pride Festival is attracting a larger crowd, year after year. SHUTTERSTOCK

activist pop star is heading to Halifax in honour of the Grand Chief Membertou 400, a celebration of Native culture. Takes place June 25 at 8 p.m. at Halifax Common.

Memory Lane Heritage Village 14th Annual Car Show — Enjoy a wide range of vehicles on display throughout the Heritage Village grounds. Takes place on June 29, from 10 a.m.-3 p.m.

Halifax Pride Festival — Atlantic Canada's largest LGBTQ Cultural Festival. Runs from July 17-27 at various locations in Halifax.

Eastern Shore Cold Water Seafood Festival — A festival where you can sample fresh lobsters, mussels, oysters, clams and smoked fish, along with traditional heritage foods such as Solomon Gundy. Takes place June 21-22 at Memory Lane Heritage Village Grounds located in Lake Charlotte on the Eastern Shore.

The Antigonish Highland Games — This event features competitions in piping, drumming, pipe bands, highland dancing, ancient Scottish heavy events and track and field, along with concerts, ceilidhs, clan gatherings and more. Runs July 6-13.

The Pointer Sisters — This trio will be performing at Casino Nova Scotia on Aug. 23. Show restricted to those aged 19 or older.

Alice in Chains — They are set to play Halifax Metro Centre Aug. 27 at 8 p.m.

Blues Traveler — They will be taking the stage at Casino



Alice in Chains plays at the Halifax Metro Centre on Aug. 27. HANDOUT/THE ASSOCIATED PRESS



Canadian singer/songwriter Jann Arden returns to Halifax Sept. 30 to perform at the Halifax Metro Centre. VINCE TALOTTA/THE TORSTAR NEWS SERVICE

Nova Scotia on Sept. 13 at 8 p.m.

Jann Arden — The Canadian songstress will be heading to the Halifax Metro Centre on Sept. 30 at 7:30 p.m.

The Natal Day Festival — The five-day Bell Aliant Natal Day Festival runs from July 31-Aug. 4. Events include family activities, live concerts, one

of the oldest parades in Atlantic Canada, and a spectacular fireworks show launched from the span of the Angus L. Macdonald Bridge.

The Royal Nova Scotia International Tattoo — runs from July 1-8 at the Halifax Metro Centre. There's bagpipes, highland dancers, la culture de l'acadie and military traditions. METRO NEWS SERVICES

CHESTER PLAYHOUSE

2014 SUMMER THEATRE FESTIVAL

Marvelous Wonderettes
July 16 - 26

Lucky Stiff
July 30 - Aug 2

Under Milk Wood
Aug 6 - 9

Melville Boys
Aug 13 - 23

Tickets \$28 - Pay-What-You-Can July 22 & Aug 19

1 - 902 - 275 - 3933

www.chesterplayhouse.ca

Band hoping to reel in big crowd at upcoming show

Reel Big Fish. Group says getting dropped by Jive Records in 2006 was a moment to celebrate



BACKSTAGE PASS
Jenna Conter
halifax@metronews.ca

It's rare for a band to celebrate getting dropped by a major label.

Most would take that moment to collect their thoughts, get wasted and call it a day.

But according to California-based ska band Reel Big Fish, this was a moment to celebrate.

"You've never seen six guys hug each other and high-five each other more than when we got dropped from our label," said trumpet player Jonathan "Christmas" Christianson. After a handful of records with Jive Records, Reel Big Fish, who play The Marquee Ballroom in Halifax on Thursday night, were unceremoniously dropped in 2006.

"When we were on Jive, they didn't know what to do with us. Unless you're Justin Timberlake or Britney Spears selling millions of records, they don't give a s— about you," he said.

Getting on a major label like the famed Jive Records seems like the dream. Bands get access to great studios, producers and marketing teams, but on the other hand, they must continually prove



Reel Big Fish will perform at The Marquee on Thursday night. CONTRIBUTED

themselves throughout the creative process.

Sure, it makes sense to need the go-ahead to create an album. However, according to Christianson, the power imbalance was reminiscent of asking your parents for money. First they'd need the permission of the higher-ups. Next, it's onto the demo. If the demo makes it through all the proper channels, then a record is made. If not, then

it's back to the drawing board. Worth it?

"The first three Reel Big Fish records, those were all \$300,000 records apiece that the band had to dig its way out of through record sales."

In short: No.

"Now we make the record ourselves, produce it ourselves. It's all been a great do-it-yourself project for us," he said. "It would be great to have all those marketing

dollars to help promote the album, but we know our fan base — we know the music they like us to make."

Celebrating his 10th year with Reel Big Fish, Christianson is settled in his independence. "We're not making millions of dollars and no one owns a mansion," he admitted. "But we're making a living and we have the best fans in the world. We're really lucky."

Listen

What: Reel Big Fish with special guests Survey Says! and This Magnificent.

- Where: The Marquee Ballroom
- When: Thursday, 10 p.m.
- Tickets: etixnow.com

2 SCENE

TODAY'S TIP

Sun Care

OMBRELLE
DRY MIST SPF 60

Getting set to take on the great Canadian outdoors?

Find a safer place under the sun with our light, 0% alcohol Dry Mist® spray.

* When you buy any 2 participating Ombrelle products. Offer ends July 11, 2014. See store for details.



Get
2500
SHOPPERS OPTIMUM BONUS POINTS**

0% ALCOHOL

Water resistant
SPF 60 - high strength water
resistant sun protection

7 Days

7 Days

7 Days

7 Days

7 Days

7 Days

7 Days

7 Days

7 Days

7 Days

7 Days

7 Days

7 Days

7 Days

7 Days

7 Days

7 Days

7 Days

7 Days

7 Days

Take care.
GARNIER
Everyday Beauty
MADE EASY

Only at
SHOPPERS
DRUG MART

GET BONUS SHOPPERS OPTIMUM POINTS ON PARTICIPATING GARNIER PRODUCTS BETWEEN JUNE 14 AND JULY 11, 2014. FOR MORE INFORMATION, VISIT SHOPPERSDRUGMART.CA/SUMMER

Sizzling summer book puts the heat on marriage after mistress



Courtney Maum COLIN LANE

Through a keyhole darkly. Novel about cheater who tries to woo back wife is not your typical beach read

EMILY
LAURENCE
Metro World News

It all started with a note taped on the outside of a French art gallery. The note read (in French), "Mr. Architect, you were wearing an elegant hat and you wanted to buy the blue bear. Please contact me." Courtney Maum was living in Paris at the time and experiencing years of writer's block, but that one note sparked the idea for her new extremely buzzy novel, *I Am Having So Much Fun Here Without You*.

The protagonist is a British artist named Richard who paints rooms as they appear through a keyhole, but he is

more obsessed with pining over his ex-mistress than his art — or his wife. He starts regretting his affair about the same time his wife is done with him. "In my family history, everyone cheated on everyone else and got divorced. I found myself wondering, 'Did anyone try to work it out?'" Maum tells us.

Because the book addresses infidelity, early reviewers and readers are dissecting it, trying to pull marital lessons from these fictional characters. But that doesn't intimidate Maum. "I'm pretty flattered by that," she says. "I remember thinking that people who are married or think about marriage a lot would like this book ... It's a bumpy road. Marriage is freaking awkward. You're not psyched after eight years to get into bed with the same person," she says.

Richard has many other flaws — besides the whole having a mistress part — but as a reader, you can't help but root for him. Finding the balance of

A bumpy road



"Marriage is freaking awkward. You're not psyched after eight years to get into bed with the same person."

Author Courtney Maum

creating a character who was funny, dark, flawed and likable all at the same time wasn't easy for Maum. "When I wrote the first version back in 2002, I got a lot of rejection letters," she says. "All the editors thought Richard was too unlikeable. At first I just thought they just weren't risk takers, but when I read the manuscript again 10 years later, I realized they were right." Maum says she wrote as if she was sitting there with him and his wife in the kitchen with the baby upstairs. "I wrote with my heart," she says.

Maum grew up in a conservative city in Connecticut, lived in France for five years and now splits her time between Paris, New York City and the Berkshires. Immersing herself in cultures all with vastly different views on marriage seems to have greatly influenced Maum, and her novel is stronger because of it. This book may not be the feel-good read of the summer, but it will stick with you.

METRO CUSTOM PUBLISHING



Adding some flavour into The Mix

Scotia Square Food Court is revamping — and getting cosier

The Scotia Square Food Court is currently undergoing a \$3-million makeover and it will remain open while the renovations take place. Rather fittingly, the food court will become known as The Mix.

By the time the makeover is complete this fall, The Mix will have a 50/50 split of local favourites and well-known national chains.

On the local side, Taste of India, Kebab Kitchen and Korea Garden will continue to thrill guests, many of whom are office workers, visitors to the downtown and nearby residents.

The Mix will also introduce some new offerings to the downtown, such as Freshii, a Canadian company focused



CONTRIBUTED

on providing fresh and nutritious meal choices. It currently does not have any locations in Nova Scotia.

Also thrown into The Mix will be Thai Express, Subway and McDonald's.

All of the national franchises will have local franchisees.

"WE ARE VERY EXCITED AND THRILLED TO BE PART OF THE MIX. WE HOPE THIS CONCEPT WILL HELP US IMPROVE THE WAY WE PRESENT OUR AUTHENTIC INDIAN CUISINE TO CATER TO THE NEEDS OF OUR LOYAL AND REGULAR CUSTOMERS."

— John Nakka,
A Taste of India

inviting, allowing guests to enjoy a quick lunch between meetings or sit back and relax in the soft seating area, all while catching up on the latest news being displayed in large LED screens.

The Mix is all part of the master plan for Scotia Square. The Mix is the third phase and the master plan has the potential to add up to one million square feet of upgraded, mixed-use space to the existing two-million-square-foot complex, thereby resulting in a 50 per cent increase in space.

The new design was developed by the Halifax team at Architecture49. Renovations and additions will continue throughout the summer and into the fall.



Melanie Griffith

Griffith proves a little cover up goes a long way in helping hide her past

If her arm is any indication, Melanie Griffith was apparently serious when she filed for divorce from husband Antonio Banderas after 17 years of marriage.

Griffith has a tattoo of a heart with the name "Antonio" in the middle just

below her shoulder, but when the actress showed up at the Taormina Film Festival in Italy she applied heavy make-up to cover up the name, according to Getty Images. The heart surrounding the name was still visible, though, but with a big hole in it.

Mel Gibson giving a cold shoulder to eastern European women

Mel Gibson's bitter legal battle with ex Oksana Grigorieva has apparently soured him on Russian and Ukrainian women in general.

"He doesn't communicate with Ukrainian or Russian girls anymore. If Mel knows you're from there, he kind of just turns around and leaves," actress Natalie Burn, who plays Gibson's wife in *Expendables 3*, says, according to *Star* magazine. And that became a problem, because Burn herself was born in the Ukraine. "The producer was very nice, and he advised me not to tell him,"



Mel Gibson

she says, explaining that when Gibson asked if she was Brazilian she replied with, "Yeah, that works."

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

The Word

More Head-ey games from GOT star

MELINDA TAUB

Metro World News

Lena Headey is a monster. I don't mean that her *Game of Thrones* character, Cersei Lannister, is a monster, though that's true. I mean that she herself is a stone cold sociopath. She's toying with GOT fans and she doesn't even feel bad about it.

Headey appeared on Jimmy Kimmel Live wearing a shirt that says "I'm not sorry," surrounded by a heart. It's a clear reference to her Instagram head games, and she should be sorry, because she's driving people to madness.

Her Instagram has been alarming GOT fans' delicate spoiler radar for some time now. Three months ago she posted a picture of herself fooling around with her costar Pedro Pascal, who played Oberyn Martell — specifically, a picture in which she's got her thumbs over his eye sockets. Of course, as we've since learned, Oberyn got his head crushed by the Mountain, which makes Headey's skull-mauling photo a spoiler.

Two months ago, Headey posted another seemingly spoilerific photo: A bunch of rocks arranged into the shape of a heart, captioned "my stone heart." Fans of the books know that a character named Lady Stoneheart



makes an important appearance, and they assumed that Headey had once more spoiled one of this season's major plot twists. However, the finale has come and gone, and there's no sign of Lady Stoneheart.

In other words, she's messing with us. And now she's taunting us about it. I think Lena's been a Lannister for too long.



Justin Bieber ALL PHOTOS GETTY IMAGES

Source claims Bieber rolled 'burrito-sized joints' in his van in 2012

Apparently Justin Bieber's hard-partying ways that have been getting him into trouble lately aren't a new development, at least not according to photos provided by a fan to Radar Online of Bieber and company turning his van into a weed- and beer-fuelled mobile party on a September 2012 trip to Knott's Berry Farm in Buena Park, Calif.

"They hot-boxed and

drank Heinekens from the fridge Justin keeps in the van," the anonymous source says. "There was no bong or anything, just Justin rolling his own burrito-sized joints. I mean, f—ing huge." Among the revellers was Bieber's then-girlfriend, Selena Gomez. "Everyone smoked, including Selena," the source says. "We smoked at least six joints and were high as a kite

Katy and Rob sitting in a tree, K.I.S.S.I.N.G

Robert Pattinson and Katy Perry were reportedly "all over each other" after the L.A. premiere of his new film, *The Rover*, according to *Us Weekly*.

"When Rob saw Katy his eyes lit up. She looked gorgeous in a lace sequin black mini-dress, and they hugged and kissed," a source says. "At least 10 hotties were hovering around Rob, but his focus was on Katy. He kept kissing her the entire night. When Katy got up from a sofa that was in front of a fireplace, Robert walked over to her. They kissed and hugged again. They were clearly trying to



Katy Perry

stay under the radar, but they couldn't help showing their feelings."

SATURDAY, JUNE 14 TO FRIDAY, JULY 11

WIN* 1 OF 15
GRAND PRIZES IN OUR
fun in the sun contest

*Some conditions may apply. See store for details.



SHOPPERS
DRUG MART

Scan this photo with your Metro News app to see Ralph Lauren presented with an award by the First Lady.

The nice guy with neckties

Ralph Lauren. As the designer is honoured by the Smithsonian for his work, he reflects on his journey to the top

He's a designer who has gone from selling ties from a drawer at the Empire State Building in 1967 to running a corporation with 25,000 employees.

Ralph Lauren was honoured Tuesday by the Smithsonian Institution for his career and to mark the 200th anniversary of the original flag that inspired the writing of the U.S. national anthem.

Lauren was awarded the James Smithson Bicentennial Medal "for his embodiment of the American experience" and for "supporting artistry, creativity, innovation and entrepreneurship for more than five decades."

Lauren sat down with media to discuss his five decades in fashion.

What drew you into the world of fashion originally?

Luck. No, you know I never went to fashion school. I somehow was a young guy, grew up in the Bronx and ... I don't know how I can put it together, whether it's movies or it's being in a world where you can read books and go to movies and dream.

Also being the youngest child in the family and getting all hand-me-downs and sort of saying, 'Wait a minute, I want my own clothes.'

So when your parents are not able to afford the kind of clothes (I wanted) as a kid growing up, I had to work myself and earn my way and buy my own things. I just



Ralph Lauren celebrated five decades of fashion on Tuesday with a celebration by the Smithsonian. THE ASSOCIATED PRESS

wanted to look like one of the guys and have the girls look at me.

What does this award from the Smithsonian mean to you?

It's probably the greatest honour one could have. The honour is mine to give to them because I'm part of this country.

What do you consider your career highlights?

I started with neckties, which are a very small thing and people aren't even wearing them today. Neckties helped start my career. When a man wore a tie, it had to make a statement.

I think every time I created a new brand, from men's to women's to children to home, they were interesting elements.

My clothes are not about fashion. They're about living.

Quoted

"I started with neckties, which are a very small thing and people aren't even wearing them today. Neckties helped start my career."

Ralph Lauren

They're about how you live and how you want to live. And they're not about in-and-out fashion that's trendy or the hot news of the day. I think most people want stability. They want to feel that if they go out and buy something, they want good quality, good value for their money. They don't want to spend it frivolously and find that it's out of style.

How do you define your philosophy of fashion?

I can say that I'm about style, not fashion. I'm about timeless style, about quality, and that doesn't mean it has to be

boring.

That means it's something that continues on because I don't throw out my clothes. The suit that I'm wearing is an old suit. I didn't just make this suit. I like the familiarity in a way because it's mine ... People say, 'I've worn your clothes for years and my child loves your clothes, my little girl loves your clothes.' I've been very connected to the people out there that buy my things and who appreciate it.

And sometimes they stop and say it, so that's very nice.

THE ASSOCIATED PRESS

You may have a dozen little black dresses but do you have enough little white dresses? Go online to Trends Report to see how some of your favourite celebs are styling the 'LWD' on the red carpet, and brighten up your wardrobe this summer.

• **Online.** Follow Irene on Twitter at @MetrolreneK or Instagram: kuanirene; metronews.ca/voices/trends-report

Photo via Getty Images



Canadian street style

Spotted in: Toronto

Name: Sarah

Age: 27

Occupation: Graphic Designer & Yoga Instructor

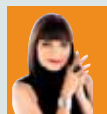
What she's wearing: Hat from Frock, jean dress

from Mendocino, Grey dress from Local Designer Sara Duke 'I made this for you,' necklace from Purr Clothing in Calgary, sandals from Call it Spring and Bookhou purse.

THE KIT IS A MULTI-PLATFORM BEAUTY AND FASHION BRAND WHICH INCLUDES AN INTERACTIVE MAGAZINE AND DYNAMIC APP, A WEBSITE, KIT CHAT - AN E-NEWSLETTER PROGRAM - AND A WEEKLY NEWSPAPER SECTION, TOO!



Twitter



JEANNE SPACE
Jeanne Beker
life@metronews.ca

TWITTER ALLOWS ME TO BE ACCESSIBLE, INSTANTLY SPEAK MY MIND AND CONNECTS ME WITH ALL KINDS OF PEOPLE. WHETHER IT'S A FASHION QUESTION OR YOU JUST WANT TO COMMENT ON LIFE'S BIGGER PICTURE, I'D LOVE TO HEAR FROM YOU.



Lapping up the soulful sound of @SeanJonesMusic Amazing array of talent @mcacgallery #MoonlightGala

One of the simplest ways to summer-ize your space is by adding white and blue to your existing decor. Nautical accessories create a crisp look during hot weather months and look great with almost any colour scheme. Ships ahoy!



DESIGN CENTRE
Karl Lohnes
home@metronews.ca



Bold as brass

Trendsetting brass is back and looks ship-regal when paired with bright white and navy blue. Hang from tree branches or use to create a nautical table centrepiece. Outdoor brass candle lanterns from \$129, Home-sense.ca

Hello, sailor!



In the navy

Bright white porcelain banded with navy creates a classic summer table setting. Roulette Blue Band Dinnerware, 16 pieces, \$175. CrateAndBarrel.com

Pillow talk

A vintage nautical-inspired print for dreaming sailors. Sea Anchor Pillowcase, \$20, Simons.ca



Drop anchor

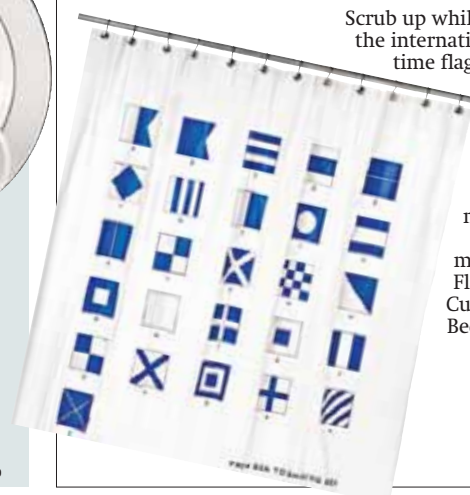
Welcome your sailor home by anchoring the front door with a hearty, foot-swiping mat. Anchor Floor Mat, \$29, WestElm.com



The A, B of seas

Scrub up while learning the international maritime flag alphabet.

Heavy-gauge 100 per cent PEVA curtain with nickel-plated grommets. Signal Flag Shower Curtain, \$33, BedBathAnd-Beyond.ca



ALL PHOTOS CONTRIBUTED

Studio space. Responsive furniture for micro living



Connected home devices are still at an immature stage, according to a recent report. LOLOSTOCK/SHUTTERSTOCK.COM

Studio living is becoming increasingly common in urban areas, but how do you make 200 feet feel three times the size?

That was the question set by the MIT Media Lab when designing CityHome, a conceptual furniture unit that maximizes space and can be controlled with simple hand gestures.

Using built-in sensors, the unit can roll out a bed, a desk, a dining table and chairs for six people, and an extendable kitchen counter-top. The entire unit can also be moved to alter the space

on either side of it.

Led by the Changing Places Research Group, the team has also integrated lighting systems controlled by apps into the piece, with customizable colour themes. Voice-recognition control technology has also been incorporated into the lighting design.

Although it remains primarily a research project for the moment, rumour has it that designer Kent Larson is looking into making it a viable commercial product, so watch this (deceptively adaptable) space. **AFP**

Home accessories

Could this be the robotic furniture of the future?

Modular furniture made with robotic components that can reshape itself according to users' desires could be a major home accessory of the future. Scientists at Switzerland's Ecole Polytechnique Fédérale de Lausanne (EPFL) have come up with Roombots, an adaptive mechanical furniture concept.

The pieces can move and change functionality

endlessly. For example, stools that move around could meet other stools and form a bench, which could then become a table.

The modules change shape and move by rotating against one another, and gripping together or to flat surfaces via connectors.

"We hope that the Roombots module will be used for many applications, but one of the main ones we have in mind is assistive technology," says Auke Ljsspeert of the school's Biorobotics Laboratory. **AFP**

Play dress-up with your barley burger

Backyard bites. This vegetarian burger is made with an ancient grain that will not only fill you up, but is good for you, too!

"Fire up the grill!" write Pat Inglis and Linda Whitworth in their book *Go Barley*.

"These vegetarian barley burgers are simple and easy to make. Serve in buns and top with salsa or wasabi stirred into mayonnaise, as well as lettuce, sliced tomatoes, and onions.

"You can also add a slice of cheese while browning the second side."

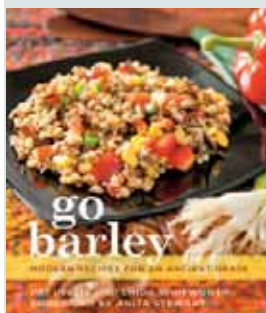
1. In a medium saucepan over high heat, combine barley and water; bring to a boil. Reduce heat and cover pan; simmer for 45 to 50 minutes or until barley is tender. If necessary, drain any excess water. Spread in a shallow dish to cool.

2. In a large skillet over medium-high, heat half of the oil. Add onion, garlic, and carrot; stir and cook for 3 minutes or until vegetables are tender. Add mushrooms and cook until any liquid evaporates. Add parsley, lemon rind, salt, and pepper. Combine mixture with barley. Stir in 1/2 cup (125 ml) of the bread crumbs. Place in a food processor and process until mixture holds together but you can still see some of the barley.

3. On a plastic-wrap-lined tray or baking sheet, spoon mixture into 6 portions;

Cookbook of the Week

Modern cooking with ancient grain



Go Barley by Pat Inglis and Linda Whitworth shows readers how to transform their favourite dishes into nutritional powerhouses with the addition of the ancient grain. High in fibre, barley has been proven to lower cholesterol and promotes digestive health.

It blends well into mains, sides and desserts, and can even be used in flour form.

Among the recipes in the book are: Barley Minestrone, Sweet and Sour Chicken Barley Casserole, Barley Banana Bread, Double Chocolate Brownies, and more. **METRO**

shape into patties and coat with remaining bread crumbs.

4. In a large skillet over medium-high, heat the remaining oil and cook burgers 5 minutes per side or until browned and crisp. Alternately, heat the barbecue to medium-high and



TOTAL GRILL TIME ABOUT 10 MINUTES

This recipe serves six. THE ALBERTA BARLEY COMMISSION (GOBARLEY.COM)

Ingredients

- 1 cup (250 ml) pearl barley
- 3 cups (750 ml) water
- 2 tbsp (30 ml) canola oil, divided
- 1 small onion, finely chopped
- 1 garlic clove, finely chopped
- 1 small carrot, finely chopped
- 1/2 lb (250 g) mushrooms, chopped
- 2 tbsp (30 ml) chopped parsley
- 1 tsp (5 ml) grated lemon rind
- 1 tsp (5 ml) salt
- 1/2 tsp (2 ml) pepper
- 2 cups (500 ml) fresh bread crumbs, divided

RECIPES EXCERPTED FROM *GO BARLEY* BY PAT INGLIS AND LINDA WHITWORTH (TOUCHWOOD, 2014). YOU CAN FIND THIS RECIPE AND MORE AT GOBARLEY.COM.

Side. Layered Barley Salad

Ingredients

1. In a medium saucepan over medium-high, heat oil. Add onion and sauté until softened, about 2 minutes. Stir in barley and chicken broth. Bring to a boil; cover pan and reduce heat to simmer for 40 minutes, then cool.

2. In a large, tall glass serving bowl, layer torn mixed salad greens and thinly sliced red onion. Spoon cooked barley overtop, then layer ham, tomatoes, olives, and cucumber. Store in the refrigerator until ready to serve. Add dressing just before serving and toss lightly.

- 1 tbsp (15 ml) canola oil
- 3 tbsp (45 ml) chopped onion
- 1/3 cup (75 ml) pot barley
- 1 cup (250 ml) reduced-sodium chicken broth
- 4 cups (1 l) salad greens
- 1/3 cup (75 ml) sliced red onion
- 1 1/2 cups (375 ml) each diced cooked ham, halved grape tomatoes
- 1/2 cup (125 ml) pitted and sliced Kalamata olives
- 3/4 cup (175 ml) diced English cucumber
- 1/2 cup (125 ml) balsamic or sun-dried tomato salad dressing



This recipe serves six. THE ALBERTA BARLEY COMMISSION (GOBARLEY.COM)

For your phone

Kitchen Stories (iPad; \$1.99)

This very handy guide to the six main types of cheese and their best wine matches comes from two experts who



MIND THE APP
Kris Abel
@RealKrisAbel
life@metronews.ca

helpfully explain the dynamics using engaging videos and articles.



Scan the image with the Metro News app for more photos from Day 7 of the World Cup

Group A

Mandzukic leads Croatia to send Cameroon home

Mario Mandzukic scored two goals Wednesday to keep Croatia in the mix at the World Cup with a 4-0 win over 10-man Cameroon, which cannot now advance from the group stage.

Mandzukic, who returned to the team at the Arena da Amazonia after sitting out the opening loss to Brazil through suspension, headed in a corner from Danijel Pranjić in the 61st minute and then knocked in a rebound in the 73rd of the Group A game.

Ivan Perisic also scored one goal and made another for Ivica Olic.

THE ASSOCIATED PRESS

Nigeria

Bomb blast kills 14 watching World Cup

Survivors of a bomb blast at an illegal World Cup viewing site in northeast Nigeria that killed at least 14 people said Wednesday the force of the explosion blew off limbs and knocked people senseless.

Unrelated to the attack, police said security forces arrested nearly 500 people, including a "terror kingpin" in the southeast of the country.

At least 26 people were wounded in Tuesday night's blast as soccer fans were viewing the Brazil-Mexico match in Damaturu, the capital of Yobe state, police said.

THE ASSOCIATED PRESS

Hasta la vista, Spain

Eliminated. Chileans oust mighty Spaniards with a 2-0 win

Defending champion Spain, the dominant global football power for the past six years, was eliminated from World Cup contention Wednesday with a 2-0 loss to Chile.

Spain's famed passing game failed against a high-tempo, tenacious Chile team, its era ending in the storied Maracana Stadium filled mostly with Chilean supporters.

Eduardo Vargas tricked goalkeeper Iker Casillas into diving the wrong way, then shot into an unguarded goal in the 20th minute. Charles Aranguiz scored in the 43rd when the ball landed at his feet after Casillas punched out a free kick.

Spain's second loss, after a 5-1 rout by the Netherlands, ended any hope of advancing. In Group B, Chile and the Netherlands will both advance, regardless of who wins the game between them.

Spain won the European Championship in 2008 and 2012, in addition to the 2010 World Cup.

Spain came to Brazil with a very similar — but older — team than the one that won those titles. They added Brazilian-born striker Diego Costa, but he failed to score a goal.

Their "tiki-taka" style of play — keeping the ball for long stretches with short passes, and only shooting when you had a clear opening — had not been working as well in recent years. Brazil defeated Spain 3-0 in last summer's Confederations Cup, a warm-up for the World Cup.

Spain became the third straight European defending



Sergio Busquets of Spain reacts after a missed scoring chance against Chile on Wednesday in Rio de Janeiro, Brazil. JAMIE SQUIRE/GETTY IMAGES

Group B

0	2
Spain	Chile

World Cup champion to flop in the group stage. France in 2002 and Italy four years ago also failed to advance, or even win a match.

Badly needing a win, del Bosque stayed loyal to captain Casillas despite the veteran goalkeeper's errors against the Dutch.

Two pillars of Spain's title runs, Barcelona pair Xavi Hernandez and Gerard Pique with

a combined 194 appearances, were left out.

Xabi Alonso probably should have joined them. His agonizing first half typified Spain's problems and his errors led to both goals.

And Alonso's selection left a younger version of his former self, Atletico Madrid's Koke, on the bench until the logical change was made at half time.

Alonso gave away the ball to Alexis Sanchez to start a move down Chile's right wing by Arturo Vidal and Aranguiz, leading to Vargas' score. Alonso trailed behind the play and put his hands to his head.

Alonso was booked in the 40th before conceding another foul, on Sanchez, three minutes later 20 metres out.

When Casillas punched

away Sanchez's curling free-kick, Aranguiz trapped the ball then flicked a rising shot spinning away from the goalkeeper's reach.

Alonso had Spain's best early chance, a 15th-minute shot smothered by Chile goalkeeper Claudio Bravo.

Often wayward in its passing, Spain missed two clear chances early in the second half.

Costa was slow on Andres Iniesta's threaded pass in the 49th, and Sergio Busquets was guilty of a glaring miss, volleying wide from five meters in the 53rd.

After Bravo pushed away shots by substitute Santi Cazorla and Iniesta, Chile's win was sealed.

THE ASSOCIATED PRESS

Dutch edge Soccerroos in frantic match



Memphis Depay of the Netherlands celebrates his team's victory over Australia on Wednesday, in Porto Alegre, Brazil. VINICIUS COSTA/GETTY IMAGES

Louis van Gaal can pinpoint the moment he knew his Netherlands team would be able to hold off Australia and secure the win that ultimately put them through to the knockout rounds of the World Cup.

With just over 20 minutes to go in a frantic, seesawing match, Australia missed a golden chance to take a 3-2 lead.

Van Gaal saw that as the sign and turned to his assistant coaches to tell them.

"I said to Patrick Kluivert and Danny Blind, 'We're going to win this match because if

they miss that kind of chance, we will score the goal.'"

Seconds later, he was proved right. From the very next attack, substitute Memphis Depay drove a swerving, speculative shot toward the goal from 25 yards. Australian goalkeeper Maty Ryan didn't sight it early enough and the ball shot past his outstretched right hand.

It capped a game that intensified suddenly when a 20th-minute solo run and strike by Arjen Robben was cancelled out seconds later by a stunning volley from Australia's inspira-

tional veteran Tim Cahill.

Australia then went ahead with a second-half penalty, only for Robin Van Persie to equalize four minutes later.

The result left the Netherlands on the verge of advancing from Group B. That was confirmed a few hours later when Chile beat Spain.

Toronto-born midfielder Jonathan de Guzman made his second straight start for the Netherlands, playing 78 minutes before being substituted for Georginio Wijnaldum.

THE ASSOCIATED PRESS

4 SPORTS

Ontario's David Hearn ready for elusive PGA victory

Three top-10 results.

Canuck feels he can 'put it all together' this season

Canada's David Hearn came achingly close to his first PGA Tour victory last season.

He's had three top-10 results this season and feels ready to put it all together and finally hoist a trophy at the top level.

"I feel really close," Hearn said Wednesday. "I got really close last year at the John Deere (Classic) just before the Canadian Open. I'm a little bit surprised it's taken me quite as long to get back into contention."

"But I feel like everything is right where it needs to be



Canada's David Hearn
GETTY IMAGES

to have a week where I know I could put it all together. I've improved a lot of little areas of my game and I feel like my

game is consistently better."

Hearn's best career finish came at the 2013 John Deere Classic. He was tied with Jordan Spieth and Zach Johnson after regulation but Spieth took the title by hitting a par putt on the fifth playoff hole.

The 35-year-old from Brantford, Ont., is enjoying a short break before ramping things up in July. He plans to play at The Greenbrier Classic early next month before returning to the John Deere Classic.

Entry in the British Open remains a question mark for now but Hearn is locked in for the July 24-27 RBC Canadian Open at the Royal Montreal Golf Club. He has yet to play the Île-Bizard, Que., course but feels his game should be a good fit for the old-style, tree-lined layout. **THE CANADIAN PRESS**



Blue Jays blowing it in Bronx

Toronto Blue Jays starter Mark Buehrle looks into the outfield after surrendering a two-run home run in the fourth inning against the Yankees' Brian McCann on Wednesday night in New York. The Jays lost 7-3. **JIM MCISAAC/GETTY IMAGES**

Signing draft picks

Jays come to terms with pitchers

Left-handed pitchers Nick Wells and Grayson Huffman both signed with the Toronto Blue Jays on Wednesday.

Toronto has now signed 25 of the players it selected in the 2014 first-year player draft.

Wells, the Blue Jays' third-round pick, is six-foot-five and weighs 180 pounds. At 6-2, 190 pounds, Huffman was Toronto's sixth-round selection.

THE CANADIAN PRESS

San Fran struggling

White Sox push Giants' skid to 5

Jose Abreu hit his 20th homer, a two-run shot, Adam Dunn added a three-run home run, and the Chicago White Sox beat San Francisco 7-6 on Wednesday, handing the Giants their fifth straight loss.

Giants ace Tim Hudson was hit hard for all seven runs. **THE ASSOCIATED PRESS**

Realize your career gooooal!

Search the most jobs from Canada's top employers.

At Workopolis, we can help you score your dream job. With 850 new job listings every day, you're in a position to make a game-changing career move. It's what makes Workopolis Canada's number one job site.

workopolis.com

 #workopolis


WORKOPOLIS



Horoscopes

Aries

March 21 - April 20

Everyone thinks you're a star so why are you being so negative about your prospects? Step outside yourself today and see how you look through other people's eyes.

Taurus

April 21 - May 21

There is no point cursing fate if what happens today is not to your liking. In the long-term everything will come good, so never doubt that no matter what happens, you will be stronger for it.

Gemini

May 22 - June 21

You pride yourself on being rational but with Mercury, your ruler, moving retrograde not every thought you have will be based on reason. Don't be too stubborn. There are times when it's OK to change your mind.

Cancer

June 22 - July 23

An offer will tempt you but can you be sure it is genuine? According to the planets you have reason to be suspicious, so take care when dealing with people who promise you the world for a small investment.

Leo

July 24 - Aug. 23

People will be moody today, which in turn will annoy you. Before the situation spirals out of control remind yourself that in the greater scheme of things it's of little importance.

Virgo

Aug. 24 - Sept. 23

A relationship will come under pressure today and if you say the wrong thing it may even end. Tomorrow you will regret having been so outspoken but it needed to happen.

Libra

Sept. 24 - Oct. 23

You are at a crossroads as far as a creative project is concerned. Do you carry on with it or do give up and focus your energy in a new direction? Give it some serious thought.

Scorpio

Oct. 24 - Nov. 22

Make sure you get your chores out of the way as quickly as possible over the next 24 hours. If you let what should have been done today wait until tomorrow you will fall behind and may never catch up.

Sagittarius

Nov. 23 - Dec. 21

It is vital that you deal with an outstanding feud immediately because if you allow it to linger it will hold you back and that could be disastrous.

Capricorn

Dec. 22 - Jan. 20

If you aren't in the mood to work today, don't push yourself. Even if you force yourself to do what is expected of you it's unlikely you'll do a good job of it, so wait until you are in a more positive frame of mind.

Aquarius

Jan. 21 - Feb. 19

What are you waiting for? Something is holding you back from taking risks and that's a shame because the planets suggest that if you take a chance today it could pay off in a big way. Do you dare?

Pisces

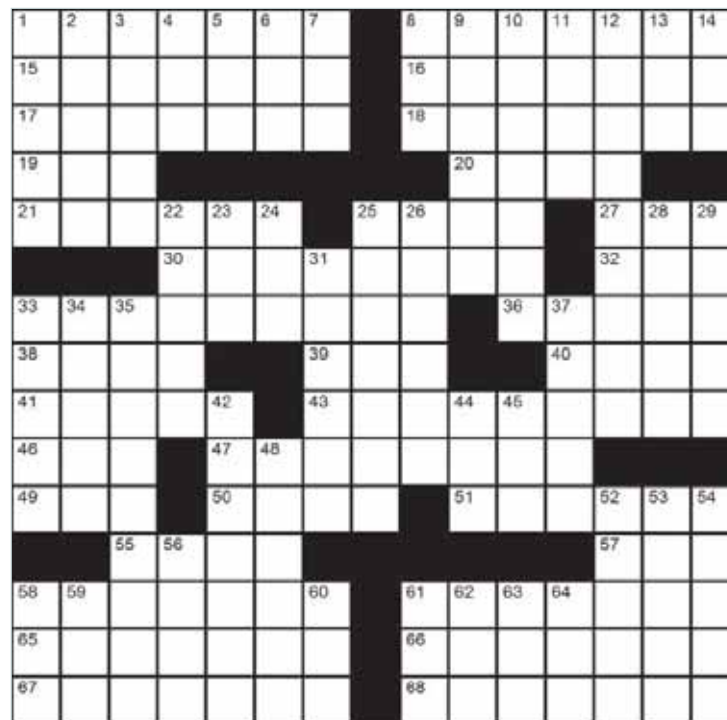
Feb. 20 - March 20

You are worrying about things you have no way of changing. According to the planets what you fear the most is the one thing that is least likely to happen, so be brave and go on the attack. SALLY BROMPTON

Crossword: Canada Across and Down

Across

- Halifax pita specialties
- Oscar Peterson tune about a Montreal locale: "Place ___"
- Seasoning sort
- Sunglasses and spectacles
- Lake Ontario archipelago-by-the-city, Toronto
- Stretches out
- First word in *Inferno* by Dante
- Long times
- John Travolta movie
- Prefix to 'dextrous'
- Got the parcel, briefly
- "Elvira: ___ of the Dark" (1988)
- Have a bug
- Ron Sexsmith song about his St. Catharines, ON hometown: "___ Street"; or, Pen name J.K. Rowling uses for her new crime novel *The Silkworm*, Robert
- Nero's 1406
- Actor Mr. Jannings
- Hr. part
- Geese: French
- Juliet's beloved
- "Chopped Canada" host Dean
- Regret
- Roof window
- 12 mo. periods



- Foundation
- Sisters: French
- Norse thunder god
- Egg mass
- Taken aback
- Kirkland Lake, ON: ___ & South Mine Complex
- Ms. Judd
- Strange

- Most profound
- Claude ___ (French composer, b.1862 - d.1918)

Down

- Faring
- Canadian figure skating great Brian
- Portia's "Ally McBeal" character

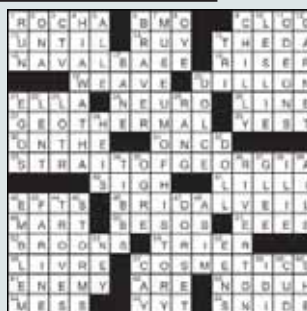
- Turkish title [var. sp.]
- Sir McKellen
- Boxing bout div. 7. Rihanna's "___ (Rescue Me)"
- Ms. Hinton's
- Easygoing people, e.g.: 2 wds.
- Valour
- Mr. McGregor

- '90s broadcasting-themed sitcom starring Canadian comedians Dave Foley and Phil Hartman
- Early-'60s singer Mr. Donner
- American tax org.
- Mosey along
- Knight's title
- Conductor,

- Pekka Salonen
- The = Definite
- Henna-on-hands artwork
- Spotted cat-like mammal
- "Kathy Griffin: My Life on the ___"
- Mr. Horton's donut chain, endearingly
- Canadian comedian Mr. Dee
- Love: French
- Sedimentary rock kind
- Le ___ de Monte-Cristo
- Bob Einstein's alter ego, Super Dave

- For instances, for short
- Greek alphabet's 17th letter
- Actress Ms. Allen's
- Bear, fancy-style
- Civil Rights activist Ms. Parks, and namesakes
- Mattress manufacturer
- Basketball net
- E-Mail subj. line directive
- Caustic
- Info, briefly
- Spa mask ingredient
- 'Meth' suffix
- Lion's offspring
- Pac-12 sch.

Yesterday's Crossword

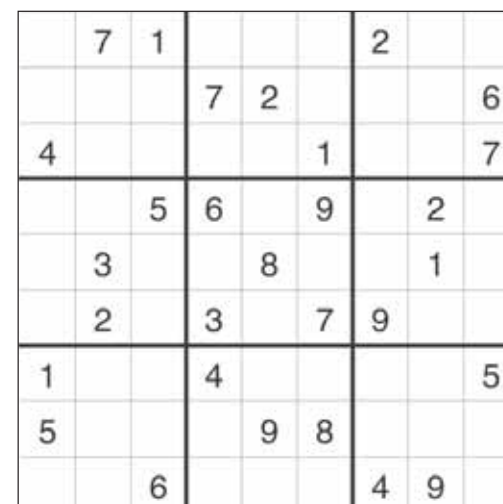


Sudoku

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

Yesterday's Sudoku



Today 21°/10° Partly cloudy
Friday 17°/9° Showers
Your #1 weather forecast now available in HD.
Check your local listings for details.
The Weather Network HD
TWN incorporates MSC data

PUT THE SMART BACK IN YOUR PHONE...
Download the FREE Metro app today!

100 firefighters, 14 trucks tackle matter... Olivia Chow's bus pledge recalls a 'plain'...

metro

ATTENTION HRM: SAVE BIG ON THE 2014 ELANTRA

ONLY AT O'REGAN'S
DARTMOUTH HYUNDAI

**DRIVE NOW
PAY LATER**
EVENT

1 2
DAYS LEFT TO SAVE

**SAVE
\$5,635**

MSRP:
\$17,594
\$66* / **\$0***
BI-WEEKLY DOWN

NOW:

\$11,959*

*Delivery and Destination included. Available on all in-stock units. Taxes and fees not included. Subject to availability, see showroom for details.



O'REGAN'S
DRIVING HIGHER STANDARDS

**DARTMOUTH
HYUNDAI**

**60 BAKER DRIVE, UNIT - D
465-7500
oreganshyunda Dartmouth.com**